
Description

1 Addison's Disease

Addison's disease is a rare disorder that stems from the malfunction of the adrenal glands located on top of the kidneys. In this disease, there is a deficiency of hormones produced by the adrenal cortex, the gland's firm outer layer. Most often, Addison's disease results from destruction of the adrenal gland. This glandular destruction may result from unusual infections, malignant tumors, an autoimmune process or other rare disorders. At least half of all cases of Addison's disease result from patient's developing antibodies against their own adrenal tissue (autoimmune process).

There can be increased water excretion in the urine and lowered blood pressure, which can lead to severe dehydration and other major complications. The symptoms of Addison's disease increase with the progression of the disease. Early signs may include fatigue, loss of appetite, low blood pressure (hypotension), weakness and significant loss from the kidneys of water and minerals. Other symptoms may include darkened scars and skin folds, as well as dark freckles on the head and shoulders. In the later stages, nausea may develop, as well as dizziness, further dehydration, low blood sugar (hypoglycemia) and mental changes including confusion.

Patients who are treated early have an excellent prognosis, but it is imperative that treatment be instituted immediately and vigorously. In order to counteract the hormonal loss, physicians prescribe steroid hormone replacement therapy. Certain doses of hormones need to be increased during times of illness and surgery. Treatment should never be stopped, even for a day, without the advice of a physician. Persons on treatment should wear an alert bracelet to let emergency medical providers know of their diagnosis.

National Agencies & Associations

- 2 Endocrine Society**
 8401 Connecticut Avenue 301-941-0200
 Chevy Chase, MD 20815 888-363-6274
 Fax: 301-941-0259
 e-mail: societyservices@endo-society.org
 www.endo-society.org

Source of state-of-the-art research and clinical advancements in endocrinology and metabolism. Dedicated to promoting excellence in research education and clinical practice in the field of endocrinology. Prime advocate and integrative force for clinicians.

Robert M Carey MD, President
Lisa H Fish MD, VP Physician in Practice

- 3 National Adrenal Diseases Foundation**
 505 Northern Boulevard 516-487-4992
 Great Neck, NY 11021 Fax: 516-829-5710
 e-mail: nadfmail@aol.com
 www.nadf.us

Nonprofit organization dedicated to offer support information and research for individuals having diseases of the adrenal glands. Goals of the organization include assisting patients through informational and educational activities as well as support programs.

Paul Marguli MD, Medical Director
Melanie G Wong, Executive Director

- 4 National Institute of Diabetes & Digestive & Kidney Diseases**
 National Institutes of Health
 31 Center Drive, MSC 2560 301-496-4000
 Bethesda, MD 20892-2560 e-mail: NIHInfo@OD.NIH.GOV
 www.diabetes.niddk.nih.gov

Conducts and supports research on many of the most serious diseases affecting public health. The Institute supports much of the clinical research on the diseases of internal medicine and related subspecialty fields as well as many basic science disciplines.

Dr. Griffin Rodgers, Acting Director

Support Groups & Hotlines

- 5 National Health Information Center**
 PO Box 1133 310-565-4167
 Washington, DC 20013 800-336-4797
 Fax: 301-984-4256
 e-mail: info@nhic.org
 www.health.gov/nhic

Offers a nationwide information referral service, produces directories and resource guides.

Magazines

- 6 Endocrine News**
 Endocrine Society
 8401 Connecticut Avenue 301-941-0200
 Chevy Chase, MD 20815 888-363-6274
 Fax: 301-941-0259
 e-mail: societyservices@endo-society.org
 www.endo-society.org

Endocrine News is the source of trends and insights for members of the endocrine community.

Monthly

Leonard Wartofsky MD, MPH, President
Carolyn Becker, MD, VP Physician in Practice

Newsletters

- 7 Addison News**
 6142 Territorial
 Pleasant Lake, MI 49272 www2.dmci.net/users/hoffmanrj
- 8 NADF News**
 505 Northern Boulevard 516-487-4992
 Great Neck, NY 11021 Fax: 516-829-5710
 e-mail: nadfmail@aol.com
 www.nadf.us

Official newsletter of the National Adrenal Diseases Foundation. Contains information on the latest research, question and answer column by an endocrinologist and helpful hints for those with Addison's Disease.

Monthly

Erin A Foley-Moundry, President/Director
Paul Margulies MD, Editor

Web Sites

- 9 Healing Well** www.healingwell.com
 An online health resource guide to medical news, chat, information and articles, newsgroups and message boards, books, disease-related web sites, medical directories, and more for patients, friends, and family coping with disabling diseases, disorders, or chronic illnesses. Includes free e-mail, free homepages, and a monthly newsletter.
- 10 Health Finder** www.healthfinder.gov
 Searchable, carefully developed web site offering information on over 1000 topics. Developed by the US Department of Health and Human Services, the site can be used in both English and Spanish.
- 11 Health Link USA** www.healthlinkusa.com

Health information concerning treatment, cures, prevention, diagnosis, risk factors, research, support groups, email lists, personal stories and much more. Updated regularly.

12 Helios Health

www.helioshealth.com

Online resource for your health information. Detailed information about specific health topics, access to expert advice from our Medical Advisory Board, and up-to-date health news.

13 Hormone Foundation

www.hormone.org

Helpful database of endocrinologists by state and information on many conditions covered by the affiliate, Endocrine Society.

14 MedicineNet

www.medicinenet.com

An online resource for consumers providing easy-to-read, authoritative medical and health information.

15 Medscape

www.mywebmd.com

Search engine providing links to websites with information on illnesses, diseases and disorders.

16 National Adrenal Disease Foundation

www.medhelp.org

Information and links for those affected by Addison's, Cushing's, Congenital Adrenal Hyperplasia, Hyper and Hypoaldosteronism and adrenal tumors.

17 WebMD

www.webmd.com

Information on Addison's disease, including an overview of the disease, symptoms and home treatment.

18 Aging

The elderly population in the United States is growing faster than any other segment of the population, and has done so since 1900. It is estimated that this trend will continue at least through the year 2050. According to the 2000 US Census, 13 percent of the population is older than 65. One in eight persons is over 85 years, classified as "old old." By 2040, it is anticipated that one person in five will exceed 65 years of age, and the number of people over 85 will increase to four times their number today, representing the aging of the baby boomers.

Aging is not a disease, but part of the normal life cycle, and many seniors retain good health and live independently for long past the traditional age of retirement. In time, however, most will develop one or more chronic conditions; for those over 75 years of age, the most common conditions are hypertension, heart disease, hearing loss, arthritis, and cataracts. By the year 2030, 150 million Americans are expected to have a chronic condition, and 42 million will be limited in their ability to work or live independently. Treating this population will require many medical and nonmedical services, integrated to provide a comprehensive continuum of care. See also *Alzheimer's Disease*.

National Agencies & Associations

19 American Association of Homes and Services for the Aging
2519 Connecticut Avenue NW
Washington, DC 20008-1520
202-783-2242
Fax: 202-783-2255
e-mail: info@aaahsa.org
www.aaahsa.org

National association of more than 4 000 nonprofit nursing homes continuing care retirement communities independent living centers and community service providers serving more than 60,000 older Americans each year.
William L Minnix Jr, President and CEO
Katrinka Smi Sloan, COO and SVP Member Services

20 American Association of Retired Persons
601 E Street NW
Washington, DC 20049
888-687-2277
e-mail: member@aarp.org
www.aarp.org

AARP is the nation's leading organization for people age 50 and older. It serves their needs and interests through information and education, advocacy and community services provided by a network of local chapters and experienced volunteers.
William D Novelli, CEO
Jennie Chin Hansen, President

21 Commission on Accreditation of Rehabilitation Services
CARF International
4891 East Grant Road
Tucson, AZ 85712
520-325-1044
888-281-6531
Fax: 520-318-1129
e-mail: fturtz@carf.org
www.carf.org

CARF reviews and grants accreditation services nationally and internationally at the request of a facility or program. Their standards are rigorous, so those services that meet them are among the best available.
Amanda Birch, Administrator of Operations
Brian Boon, Ph.D., President/Chief Executive Officer

22 Gerontological Society of America
1220 L Street NW
Washington, DC 20005
202-842-1275
Fax: 202-842-1150
e-mail: geron@geron.org
www.geron.org

Nonprofit professional organization with more than 5000 members in the field of aging. Provides researchers, educators, practitioners and policy makers with opportunities to understand, advance, integrate and use basic and applied research on aging populations.
James Appleby, Executive Director
Linda Krogh Harootyan, Deputy Executive Director

23 Institute for Life Course and Aging
222 College Street
Toronto, Ontario, M5T-3J1
416-978-0377
Fax: 416-978-4771
www.aging.utoronto.ca

The Institute is a research centre under the auspices of the School of Graduate Studies at the University of Toronto.
Prof Lynn McDonald, Director
Susan Murphy, Administration

24 International Federation on Ageing
4398 Boul. Saint-Laurent
Montreal, Quebec, H2W-1Z5
514-396-3358
e-mail: jbarratt@ifa-fiv.org
www.ifa-fiv.org

To inform, educate and promote policies and practice to improve the quality of life of older persons around the world.
Dr Jane Barratt, Secretary General
Greg Shaw, Director, International Relations

25 National Council on Aging
1901 L Street NW
Washington, DC 20036
202-479-1200
Fax: 202-479-0735
TTY: 202-479-6674
TDD: 202-479-6674
e-mail: info@ncoa.org
www.ncoa.org

The nation's first charitable organization dedicated to promoting the dignity, independence, well-being and contributions of older Americans. NCOA serves as a national voice and powerful advocate on behalf of older Americans.
James P Firman EdD, President/CEO
Howard Bedlin, VP Public Policy and Advocacy

26 Problems of the Elderly Committee
740 15th Street NW
Washington, DC 20005-1009
202-662-1500
Fax: 202-662-1501
e-mail: crimjustice@abanet.org
www.abanet.org/crimjust

This Committee examines the issues that affect the elderly as victims of street crime, identity theft, financial exploitation and other crimes of which they are targets. The committee looks at issues arising from the aging prisons populations and the elders as perpetrators of crime, also.
Lori G Levin, Co-Chair
Benjamin F Overton, Co-Chair

27 Senior Resource
4521 Campus Drive
Irvine, CA 92612
858-793-7901
877-793-7901
Fax: 858-792-9080
e-mail: questions@seniorresource.com
www.seniorresource.com

An agency that helps seniors to understand aging and gives different resources consisting of sociologic changes; metabolic changes; positive aging; and physical changes.
Bryan D Hatchell, Chair

28 US Administration on Aging
1 Massachusetts Avenue
Washington, DC 20201
202-619-0724
Fax: 202-357-3555
e-mail: aoainfo@aoa.hhs.gov
www.aoa.gov

The Administration on Aging an agency in the US Department of Health and Human Services is one of the nation's largest providers of home and community-based care for older persons and their caregivers.
Edwin L Walker, Acting Assistant Secretary
Carol Crecy, Director Office of Communications

State Agencies & Associations

Alaska

- 29 AARP Alaska State Office**
 3601 C Street
 Anchorage, AK 99503
 866-227-7447
 Fax: 907-341-2270
 e-mail: ak@aarp.org
 www.aarp.org/states/ak
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Fred Jenkins, Development Director
George Hieronymus, AARP Alaska State President

Arizona

- 30 AARP Arizona: Phoenix Collier Center**
 Collier Center
 201 E Washington Street
 Phoenix, AZ 85004-2428
 866-389-5649
 Fax: 602-256-2928
 e-mail: azaarp@aarp.org
 www.aarp.org/states/az
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Leonard J Kirschner PhD, Arizona AARP State President
David Mitchell, Arizona AARP State Director

Arkansas

- 31 AARP Arkansas State Office: Little Rock**
 1701 Centerview Drive
 Little Rock, AR 72211
 866-544-5379
 Fax: 501-227-7710
 e-mail: araarp@aarp.org
 www.aarp.org/states/ar
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Mary Dillard, Arkansas AARP State President
Pat Jones, Arkansas AARP State Media Relations

California

- 32 AARP California State Office: Pasadena**
 200 S Los Robles Avenue
 Pasadena, CA 91101-2422
 866-448-3615
 Fax: 626-583-8500
 e-mail: calosangeles@aarp.org
 www.aarp.org/states/ca
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Helen Russ, California AARP State President
Thomas A Porter, California AARP State Director

- 33 AARP California State Office: Sacramento**
 1415 L Street
 Sacramento, CA 95814
 866-448-3614
 Fax: 916-446-2223
 e-mail: casacramento@aarp.org
 www.aarp.org/states/ca
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Helen Russ, California State AARP President
Thomas A Porter, California State AARP Director

Colorado

- 34 AARP Colorado State Office: Denver**
 303 E 17th Avenue
 Denver, CO 80203-5012
 866-554-5376
 Fax: 303-764-5999
 e-mail: coaarp@aarp.org
 www.aarp.org/states/co
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Robert Martinez, Colorado AARP State President
Jon Looney, Colorado AARP State Director

Florida

- 35 AARP Florida State Office: St. Petersburg**
 400 Carillon Parkway
 Saint Petersburg, FL 33716
 866-595-7678
 Fax: 727-571-2278
 TTY: 727-561-9544
 e-mail: flaarp@aarp.org
 www.aarp.org/states/fl
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Kathy Marma, Florida AARP State Media Relations
Thomas Thame MD, Florida AARP State Board of Directors

- 36 Goodwill Industries-Suncoast**
 Goodwill Industries-Suncoast
 10596 Gandy Boulevard
 St. Petersburg, FL 33702
 727-523-1512
 888-279-1988
 Fax: 727-563-9300
 TDD: 727-579-1068
 e-mail: chris.ward@goodwill-suncoast.com
 www.goodwill-suncoast.org
- A nonprofit community based organization whose purpose is to improve the quality of life for people who are disabled, disadvantaged and/or aged. This mission is accomplished through a staff of over 1,200 employees providing independent living skills, affordable housing, career assessment/planning, job skills, training, placement, and job retention assistance. Goodwill Industries-Suncoast services Citrus, Hernando, Highlands, Hillsborough, Levy, Marion, Pasco, Pinellas, Polk and Sumter Counties.
R Lee Waits, President/Chief Executive Officer
Chris Ward, Marketing and Media Relations Manager

Georgia

- 37 AARP Georgia: Atlanta**
 999 Peachtree Street NE
 Atlanta, GA 30309-4421
 866-295-7281
 Fax: 404-881-6997
 e-mail: gaaarp@aarp.org
 www.aarp.org/states/ga
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Matthew McWilliams, Georgia AARP State Media Relations
Will Phillips, AARP Georgia Associate State Director

Hawaii

- 38 AARP Hawaii State Office: Honolulu**
 1132 Bishop Street
 Honolulu, HI 96813
 808-843-1906
 866-295-7282
 Fax: 808-843-1908
 e-mail: oahuaarp@hawaii.rr.com
 www.aarp.org/states/hi
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the qual-

ity of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Stuart TK Ho, AARP Hawaii Interim State President
Barbara Kim Stanton, Hawaii AARP State Director

Idaho

- 39 AARP Idaho State Office: Meridian**
 3830 E Gentry Way
 Meridian, ID 83642
 866-295-7284
 Fax: 208-288-4424
 e-mail: aarpid@aarp.org
 www.aarp.org/states/id
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Cheryl Tussey, Idaho AARP State Media Relations
Jim Wordelman, AARP Idaho State Director

Illinois

- 40 AARP Illinois State Office: Chicago**
 222 N LaSalle Street
 Chicago, IL 60601-1033
 866-448-3613
 Fax: 312-372-2204
 e-mail: aarpil@aarp.org
 www.aarp.org/states/il
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Evelyn Gooden, Illinois AARP State President
Gerardo Cardenas, Illinois AARP State Media Relations

Indiana

- 41 AARP Indiana State Office: Indianapolis**
 One N Capitol Avenue
 Indianapolis, IN 46204-2025
 866-448-3618
 Fax: 317-423-2211
 e-mail: inaarp@aarp.org
 www.aarp.org/states/in
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Martin DeAgostino, Indiana AARP State Media Relations
June Lyle, AARP Indiana State Director

Iowa

- 42 AARP Iowa State Office: Des Moines**
 600 E Court Avenue
 Des Moines, IA 50309
 866-554-5378
 Fax: 515-244-7767
 e-mail: iaaarp@aarp.org
 www.aarp.org/states/ia
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Ann Black, Iowa AARP State Media Relations
Bruce Koepl, Iowa AARP State Director

Kansas

- 43 AARP Kansas State Office: Topeka**
 555 S Kansas
 Topeka, KS 66603
 866-448-3619
 Fax: 785-232-8259
 e-mail: ksaarp@aarp.org
 www.aarp.org/states/ks
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Mary Tritsch, Kansas AARP State Media Relations
Maren Turner, Kansas AARP State Director

Kentucky

- 44 AARP Kentucky State Office: Louisville**
 10401 Linn Station Road
 Louisville, KY 40223
 866-295-7275
 Fax: 502-394-9918
 e-mail: kyaarp@aarp.org
 www.aarp.org/states/ky
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Bill Harned, AARP Kentucky State President
Fred Smith, Executive Council Community Service

Louisiana

- 45 AARP Louisiana State Office: Baton Rouge**
 301 Main Street
 Baton Rouge, LA 70825
 866-448-3620
 Fax: 225-387-3400
 e-mail: la@aarp.org
 www.aarp.org/states/la
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Earl A White, AARP Louisiana State President
Julia Kenny, AARP Louisiana State Director

Maine

- 46 AARP Maine State Office: Portland**
 1685 Congress Street
 Portland, ME 04102
 866-554-5380
 Fax: 207-775-5727
 e-mail: me@aarp.org
 www.aarp.org/states/me
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Bruce Kinney, Maine AARP State Advocacy Coordinator
Phyllis Cohn, Maine AARP State Media Relations

Massachusetts

- 47 AARP Massachusetts State Office: Boston**
 1 Beacon Street
 Boston, MA 02108
 866-448-3621
 Fax: 617-723-4224
 e-mail: ma@aarp.org
 www.aarp.org/states/ma
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Charlie Desmond, AARP Massachusetts State President
Claire Redmond, Executive Council Member

Michigan

- 48 AARP Michigan State Office: Lansing**
 309 N Washington Square
 Lansing, MI 48933
 866-227-7448
 Fax: 517-482-2794
 TTY: 877-434-7598
 e-mail: miaarp@aarp.org
 www.aarp.org/states/mi
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Steve Gools, AARP Michigan State Director
Stepheni Schlinker, Michigan AARP State Media Relations

Minnesota

- 49 AARP Minnesota State Office: Saint Paul**
 30 E Seventh Street
 Saint Paul, MN 55101
 866-554-5381
 Fax: 651-221-2636
 e-mail: aarpmn@aarp.org
 www.aarp.org/states/mn
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Michele Kimball, AARP Minnesota State Director
Amy Gromer McDonough, AARP Minnesota State Media Relations

Missouri

- 50 AARP Missouri State Office: Kansas City**
 700 W 47th Street
 Kansas City, MO 64112-1805
 866-389-5627
 Fax: 816-561-3107
 e-mail: moaarp@aarp.org
 www.aarp.org/states/mo
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
John McDonald, AARP Missouri State Director
Anita K Parran, AARP Missouri State Media Relations

Montana

- 51 AARP Montana State Office: Helena**
 30 W 14th Street
 Helena, MT 59601
 866-295-7278
 Fax: 406-441-2230
 e-mail: mtaarp@aarp.org
 www.aarp.org/states/mt
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Max Logan, AARP Montana Volunteer State President
Bob Bartholomew, AARP Montana State Director

Nebraska

- 52 AARP Nebraska State Office: Lincoln**
 301 S 13th Street
 Lincoln, NE 68508
 866-389-5651
 Fax: 402-323-6908
 e-mail: neaarp@aarp.org
 www.aarp.org/states/ne
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Sunny Andrews, AARP Nebraska State President
Devorah Lanner, AARP Nebraska State Media Relations

Nevada

- 53 AARP Nevada State Office: Las Vegas**
 5820 S Eastern Avenue
 Las Vegas, NV 89119
 866-389-5652
 Fax: 702-938-3225
 e-mail: nvaarp@aarp.org
 www.aarp.org/states/nv
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Deborah Moore, AARP Nevada Spokeswoman
Nancy Andersen, AARP Nevada State Volunteer Coordinator

New Hampshire

- 54 AARP New Hampshire State Office-Manchester**
 900 Elm Street
 Manchester, NH 03101
 866-542-8168
 Fax: 603-629-0066
 e-mail: nh@aarp.org
 www.aarp.org/states/nh
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Kelly Clark, AARP New Hampshire State Director
Jamie Bulen, AARP New Hampshire State Media Relations

New Jersey

- 55 AARP New Jersey State Office: Princeton**
 101 Rockingham Row
 Princeton, NJ 08540
 866-542-8165
 Fax: 609-987-4634
 e-mail: njaarp@aarp.org
 www.aarp.org/states/nj
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Sy Larson, AARP New Jersey State President
Jane Margesson, AARP New Jersey State Media Relations

New Mexico

- 56 AARP New Mexico State Office: Sante Fe**
 535 Cerrillos Road
 Santa Fe, NM 87501
 866-389-5636
 Fax: 505-820-2889
 e-mail: nmaarp@aarp.org
 www.aarp.org/states/nm
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Louis Sarabia, AARP New Mexico State President
Stan Cooper, AARP New Mexico State Director

New York

- 57 AARP New York State Office: Albany**
 1 Commerce Plaza
 Albany, NY 12260
 866-227-7442
 Fax: 518-434-6949
 e-mail: nyaarp@aarp.org
 www.aarp.org
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Lois Aronstein, AARP New York State Director
Madeleine Moore, AARP New York State President

- 58 AARP New York State Office: New York City**
 780 3rd Avenue
 New York, NY 10017
 866-227-7442
 Fax: 212-644-6390
 e-mail: nyaarp@aarp.org
 www.aarp.org/states/ny
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Lois Aronstein, AARP New York State Director
Madeleine Moore, AARP New York State President

North Carolina

- 59 AARP North Carolina State Office: Raleigh**
 1511 Sunday Drive
 Raleigh, NC 27607
 866-389-5650
 Fax: 919-755-9684
 TTY: 919-508-0290
 e-mail: ncaarp@aarp.org
 www.aarp.org/states/nc
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Diana D Hatch, AARP North Carolina State President
Bob Garner, Communications Director

North Dakota

- 60 AARP North Dakota State Office: Bismarck**
 107 W Main Avenue
 Bismarck, ND 58501
 866-554-5383
 Fax: 701-255-2242
 e-mail: ndaarp@aarp.org
 www.aarp.org/states/nd
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Betty Keegan, AARP North Dakota State President
Lyle Halvorson, AARP North Dakota State Media Relations

Ohio

- 61 AARP Ohio State Office: Columbus**
 17 S High Street
 Columbus, OH 43215-3467
 866-389-5653
 Fax: 614-224-9801
 e-mail: ohaarp@aarp.org
 www.aarp.org/states/oh
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Kathy Keller, AARP Ohio State Media Relations
Joanne Limbach, AARP Ohio State President

Oklahoma

- 62 AARP Oklahoma State Office: Edmond**
 126 N Bryant Avenue
 Edmond, OK 73034
 866-295-7277
 Fax: 405-844-7772
 e-mail: ok@aarp.org
 www.aarp.org/states/ok
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Robert Bristow, AARP Oklahoma State President
Marjorie Lyons, Executive Council Member

Oregon

- 63 AARP Oregon State Office: Clackamas**
 9200 SE Sunnybrook Boulevard
 Clackamas, OR 97015-5762
 866-554-5360
 Fax: 503-652-9933
 e-mail: oraarp@aarp.org
 www.aarp.org/states/or
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Ray Miao, AARP Oregon State President
Don Bruland, Director

Pennsylvania

- 64 AARP Pennsylvania State Office: Harrisburg**
 30 N 3rd Street
 Harrisburg, PA 17101
 866-389-5654
 Fax: 717-236-4078
 e-mail: sgardner@aarp.org
 www.aarp.org/states/pa
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
J Shane Creamer, AARP Pennsylvania State President
Steve Gardner, AARP Pennsylvania State Media Relations

South Carolina

- 65 AARP South Carolina Office: Columbia**
 1201 Main Street
 Columbia, SC 29201
 866-389-5655
 Fax: 803-251-4374
 e-mail: scaarp@aarp.org
 www.aarp.org/states/sc
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Charles A Johnson, AARP SC State President
Patrick Cobb, AARP SC State Media Relations

Tennessee

- 66 AARP Tennessee State Office: Nashville**
 150 4th Avenue N
 Nashville, TN 37219
 866-295-7274
 Fax: 615-313-8414
 e-mail: tnaarp@aarp.org
 www.aarp.org/states/tn
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Margot Seay, AARP Tennessee State President
Rebecca Kelly, AARP Tennessee State Director

Texas

- 67 AARP Texas State Office: Austin**
 98 San Jacinto Boulevard
 Austin, TX 78701
 866-227-7443
 Fax: 512-480-9799
 e-mail: rayuso@aarp.org
 www.aarp.org/states/tx
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Rafael Ayuso, AARP Texas State Media Relations
Bob Jackson, AARP Texas State Director

Utah

- 68 AARP Utah State Office: Midvale**
 6975 Union Park Center
 Midvale, UT 84047
 866-448-3616
 Fax: 801-561-2209
 e-mail: utaarp@aarp.org
 www.aarp.org/states/ut
- AARP is a nonprofit nonpartisan membership organization for people age 50 and over. AARP is dedicated to enhancing the quality of life as one ages, in addition to facilitating social change and delivering value to members through information and advocacy.
Pat Gamble Hovey, Volunteer State President of AARP Utah
Ruby Hammel, Executive Council Advocacy Coordinator