

## Resources for the Disabled

### 1 American Art Therapy Association (AATA)

5999 Stevenson Avenue  
Alexandria, VA 22304  
703-212-2238  
888-290-0878  
e-mail: info@arttherapy.org  
www.arttherapy.org

*Edward J Stygar Jr, Executive Director*  
Organization of professionals who believe the art process is a beneficial and healing process.

### 2 American Association of Music Therapy

8455 Colesville Road  
Suite 1000  
Silver Spring, MD 20910  
301-589-3300  
FAX: 301-589-5175  
e-mail: info@musictherapy.org  
www.musictherapy.org

*Andrea Farbman Ed D, Executive Director*  
Music Therapy is an established healthcare profession that uses music to address physical, emotional, cognitive, and social needs of individuals of all ages. Music therapy improves the quality of life for persons who are well and meets the needs of children and adults with disabilities or illnesses.

### 3 American Dance Therapy Association (ADTA)

2000 Century Plaza  
Suite 108  
Columbia, MD 21044  
410-997-4040  
FAX: 410-997-4048  
e-mail: info@adta.org  
www.adta.org

*Patricia Gardner, Office Manager*  
*Elissa Q White, President of the Board*  
Dance-movement therapy is a psychotherapeutic use of movement as a process which furthers the emotional, cognitive and physical integration of the individual.

### 4 American Journal of Art Therapy

Vermont College of Norwich University  
Montpelier, VT 05602  
802-828-8540  
FAX: 802-828-8585  
e-mail: mzimmerm@norwich.edu

*Gladys Agell PhD ATR-BC HLM, Editor*  
Discusses the graphic and plastic arts as they contribute to human understanding, psychotherapy, rehabilitation and education.  
\$ 32.00

35-40 pages Quarterly  
ISSN 0007-474

### 5 American Music Therapy Association (AMTA)

8455 Colesville Road  
Suite 1000  
Silver Spring, MD 20910  
301-589-3300  
FAX: 301-589-5175  
e-mail: info@musictherapy.org  
www.musictherapy.org

*Andrea H Farbman, Executive Director*  
*Judy Simpson, Director Government Relations*  
AMTA's purpose is the progressive development of the therapeutic use of music in rehabilitation, special education and community settings. Predecessors to the American Music Therapy Association included the National Association for Music Therapy founded in 1950 and the American Association for Music Therapy founded in 1971. AMTA is committed to the advancement of education, training, professional standards, credentials and research in support of the music therapy profession.

### 6 Arena Stage

11101 Sixth Street  
Washington, DC 20024  
202-554-9066  
FAX: 202-484-6279  
e-mail: info@arenastage.org  
www.arenastage.org

*Thomas C Fichandler, Founding Executive Director*  
*Stephen Richard, Chief Executive Officer*

A pioneer in providing access to theater for people with disabilities and the birthplace of Audio Description. Offers infrared assistive listening devices (both loop and headset), program books in Braille, large print and wheelchair accessible seating with adjacent companion seating. Audio cassette format available upon request. Sign Interpretation and Audio Description are offered at selected performances. Cafe menus and shop lists in Braille. Wheelchair-accessible with lifts and ramps.

### 7 Art Therapy SourceBook

McGraw-Hill Company  
2460 Kerper Boulevard  
Dubuque, IA 52001  
563-588-1451  
800-338-3987  
FAX: 614-755-5654  
www.mhhe.com/hper/physed

*Kurt Strand, Vice President*  
An overview of the uses of art as a mentally therapeutic tool.  
\$18.00

272 pages 1998  
ISBN 1-565658-84-1

### 8 Art and Disabilities

Brookline Books  
39 University Road  
Brookline, MA 02445  
617-734-6772  
800-666-2665  
FAX: 617-734-3952  
e-mail: brooklinebooks@brooklinebooks.com  
www.brooklinebooks.com

*William H Walters, Author*  
*Esther Isabe Wilder, Author*  
A step-by-step guide to establishing creative arts centers for people with disabilities. Includes philosophy and making creative arts centers happen.

### 9 Art and Healing: Using Expressive Art to Heal Your Body, Mind, and Soul

Three Rivers Press  
The author believes creating a visual image through any medium can produce physical and emotional benefits for both the creator as well as those who view it. \$17.00  
256 pages 1999  
ISBN 0-609803-16-6

### 10 Art for All the Children: Approaches to Art Therapy for Children with Disabilities

2600 South 1st Street  
Springfield, IL 62704  
217-789-8980  
800-258-8980  
FAX: 217-789-9130  
e-mail: books@ccthomas.com  
www.ccthomas.com

*Frances E Anderson, author*  
*Michael Thomas, President*  
This second edition is for art therapists in training and for in-service professionals in art therapy, art education and special education who have children with disabilities as a part of their case/class load. \$56.95  
398 pages Paperback  
ISBN 0-398060-07-X

### 11 Clinical Applications of Music Therapy in Developmental Disability, Pediatrics and Neurology

Taylor & Francis  
47 Runway Drive  
Suite G  
Levittown, PA 19057  
215-269-0400  
FAX: 215-625-2940

*Harold Stecker, President*  
Music therapists from Brooklyn to Belgium reflect on how music one plays or listens to has the ability to penetrate the anguish of grief, pain, and even the cognitive distortions of schizophrenia and Alzheimer's disease. \$34.95

312 pages 1999  
ISBN 1-853027-34-0

## 12 Contemporary Art Therapy with Adolescents

Taylor & Francis  
47 Runway Drive  
Suite G  
Levittown, PA 19057

215-269-0400  
FAX: 215-625-2940

*Harold Stecker, President*

Reviews contemporary theories on adolescent development and therapy and offers solutions to the treatment of young people. \$ 26.95

285 pages 1999  
ISBN 1-853026-37-9

## 13 Creative Arts Resources Catalog

MMB Music  
3526 Washington Avenue  
Saint Louis, MO 63103

314-531-9635  
800-343-3771  
FAX: 314-531-8384  
e-mail: mlg@mmbmusic.com  
www.mmbmusic.com

*Marcie Lee Goldberg, VP Sales/Marketing*

Publisher and distributor of creative arts therapy materials in the areas of music, dance, art, drama, and poetry. Free catalog contains hundreds of books, recordings, and videos.

## 14 Dancing from the Inside Out

Fanlight Productions  
4196 Washington Street  
Suite 2  
Boston, MA 02131

617-469-4999  
800-937-4113  
FAX: 617-469-3379  
e-mail: fanlight@fanlight.com  
www.fanlight.com

*Anthony Sweeney, Marketing Director*  
*Nicole Johnson, Publicity Coordinator*  
*Ben Achtenberg, Owner*

This eloquent new video looks at the lives and work of three talented dancers who dance professionally with the acclaimed AXIS Dance Troupe, which includes both disabled and non-disabled dancers. They discuss the process they went through in adapting to their disability and how they came to re-discover physical expression through dance. \$ 195.00

## 15 Disability and Social Performance: Using Drama to

### Achieve Successful Acts

Brookline Books  
39 University Road  
Brookline, MA 02445

617-734-6772  
800-666-2665  
FAX: 617-734-3952  
e-mail: thestore@brooklinebooksmith.com  
www.brooklinebooks.com

*William H Walters, Author*

*Esther Wilder, Author*

This book makes a major contribution to the understanding of disability, people with disabilities and the creative power they possess which can be unleashed through performance. \$17.95

## 16 Facts: Music for Blind and Physically Handicapped Individuals

National Library Service for the Blind  
1291 Taylor Street NW  
Washington, DC 20542

202-707-5100

e-mail: nls@loc.gov  
www.loc.gov/nls

*Frank Cylke, Executive Director*  
*Annual*

## 17 Freedom to Create

National Institute of Art and Disabilities  
551 23rd Street  
Richmond, CA 94804

510-620-0290  
FAX: 510-620-0326  
e-mail: admin@niadart.org

*Elias Katz, Author*  
*Patricia Coleman, President*

Presents philosophy and practical experiences enabling teachers to stimulate creativity in the visual arts for students with and without disabilities.

## 18 Friends-In-Art

American Council of the Blind  
1155 15th Street NW  
Suite 1004  
Washington, DC 20005

202-467-5081  
800-424-8666  
FAX: 202-467-5085  
e-mail: info@acb.org  
www.acb.org

*Melanie Brunson, Executive Director*  
*Chris Grey, President*

Aims to enlarge the art experience of blind people, encourages blind people to visit museums, galleries, concerts, the theater and other enjoyable public places, offers consultation to program planners in establishing accessible art and museum exhibits and presents Performing Arts Showcases at the American Council of the Blinds' national convention.

## 19 Guide to the Selection of Musical Instruments

MMB Music  
3526 Washington Avenue  
Saint Louis, MO 63103

314-531-9635  
800-543-3771  
FAX: 314-531-8384  
e-mail: info@mmbmusic.com

*Marcia Goldberg, President*

A marvelous resource book to aid therapists teaching disabled to play musical instruments. \$7.75

## 20 In-Definite Arts Society

7140C Fairmount Drive SE  
Calgary, AB, ZZ T2H

403-253-3174  
FAX: 403-255-2234  
e-mail: ida@indefintearts.com  
www.indefintearts.com

*Jarrett Hladly, Contact*

Promotes opportunities for people with developmental disabilities to express themselves and to grow and develop through their involvement in art.

## 21 Institute for Therapy Throughout the Arts

Division 3 of Oakton College  
7701 Lincoln Avenue  
Skokie, IL 60077

847-635-1600

www.oakton.edu

In its twentieth year of service, ITA provides creative arts therapies for adults and children with special needs through the use of music, art, drama and or dance. Services include: assessment, treatment planning, one-to-one services and group therapy. ITA also offers adaptive lessons to students with special needs and workshops on topics related to the expressive arts therapies.

## 22 Instrumental Music for Dyslexics: A Teaching Handbook

Whurr Publishers

Describes dyslexia in layman's terms and explains how the various problems that a dyslexic may have can affect all aspects of learning to play a musical instrument. It alerts the music teacher with a problem pupil to the possibilities of that pupil having some form of dyslexia. It offers suggestions as to how to teach dyslexics, with particular reference to piano teaching, and it suggests ways in which the music teacher may contribute to the welfare of a dyslexic pupil. \$ 34.95