

Includes articles on the latest research, the latest up-dates on legislation, features and emotional aspects specific to Spina Bifida, educational information and information on the Association's national conference.

*BiMonthly*

- 7788 NASS News**  
222 S Prospect Avenue 847-698-1628  
Park Ridge, IL 60068-4037  
Association activities newsletter.

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## Pamphlets

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- 7789 Educational Issues Among Children with Spina Bifida**  
Spina Bifida Association of America  
4590 Macarthur Boulevard NW 202-944-3285  
Washington, DC 20007-4226 800-621-3141  
Fax: 202-944-3295  
e-mail: sbaa@sbaa.org  
www.sbaa.org

1995

- 7790 Learning Among Children with Spina Bifida**  
Spina Bifida Association of America  
4590 Macarthur Boulevard NW 202-944-3285  
Washington, DC 20007-4226 800-621-3141  
Fax: 202-944-3295  
e-mail: sbaa@sbaa.org  
www.sbaa.org

1995

- 7791 Monetary Allowance, Health Care and Vocational Training**  
National Veterans Services Fund  
PO Box 2465 203-656-0003  
Darren, CT 06820-0465 Fax: 203-656-1957  
e-mail: NatVetSvc@aol.com
- Monetary allowance, health care and vocational training and rehabilitation for Vietnam Veterans' children with spine bifida.

*Pamphlet*

- 7792 Sexual Issues in Spina Bifida**  
Spina Bifida Association of America  
4590 Macarthur Boulevard NW 202-944-3285  
Washington, DC 20007-4226 800-621-3141  
Fax: 202-944-3295  
e-mail: sbaa@sbaa.org  
www.sbaa.org

1993

- 7793 Urologic Care of the Child with Spina Bifida**  
Spina Bifida Association of America  
4590 Macarthur Boulevard NW 202-944-3285  
Washington, DC 20007-4226 800-621-3141  
Fax: 202-944-3295  
e-mail: sbaa@sbaa.org  
www.sbaa.org

1994

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## Audio & Video

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- 7794 Protecting Against Latex Allergy**  
Spina Bifida Association of America  
4590 Macarthur Boulevard NW 202-944-3285  
Washington, DC 20007-4226 800-621-3141  
Fax: 202-944-3295  
e-mail: sbaa@sbaa.org  
www.sbaa.org

Audio-visual resource focusing on the awareness of latex allergies.

*Audio-Visual*

*Cindy Brownstein, Chief Executive Officer  
Caroline Alston, Program Director*

- 7795 Raising a Child with Spina Bifida: An Introduction**  
Ajn Company  
New York, NY 10019 212-582-8820  
800-226-6256  
Fax: 212-586-5462

Offers information parents need when their child is born with spina bifida. Uses clear explanations to define spina bifida and discuss its implications for the child. Covers procedures the child may face, such as a ventricular shunt. Emphasizes the importance of early intervention and contains footage of happy and healthy children and interviews with parents.

*29 minutes*

- 7796 The Challenge**  
Spina Bifida Association of America  
4590 Macarthur Boulevard NW 202-944-3285  
Washington, DC 20007-4226 800-621-3141  
Fax: 202-944-3295  
e-mail: sbaa@sbaa.org  
www.sbaa.org

A human look of how people come to grips with and overcome the challenges related to living with Spina Bifida.

*14 minutes*

*Cindy Brownstein, Chief Executive Officer  
Caroline Alston, Program Director*

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## Web Sites

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- 7797 Healing Well** www.healingwell.com  
An online health resource guide to medical news, chat, information and articles, newsgroups and message boards, books, disease-related web sites, medical directories, and more for patients, friends, and family coping with disabling diseases, disorders, or chronic illnesses.

- 7798 Health Finder** www.healthfinder.gov  
Searchable, carefully developed web site offering information on over 1000 topics. Developed by the US Department of Health and Human Services, the site can be used in both English and Spanish.

- 7799 Healthlink USA** www.healthlinkusa.com  
Health information concerning treatment, cures, prevention, diagnosis, risk factors, research, support groups, email lists, personal stories and much more. Updated regularly.

- 7800 Helios Health** www.helioshealth.com  
Online resource for your health information. Detailed information about specific health topics, access to expert advice from our Medical Advisory Board, and up-to-date health news.

- 7801 March of Dimes Birth Defects Foundation** www.modimes.org  
Information on the treatment and prevention of birth defects, including spina bifida.

- 7802 MedicineNet** www.medicinenet.com  
An online resource for consumers providing easy-to-read, authoritative medical and health information.

- 7803 Medscape** www.medscape.com  
Medscape offers specialists, primary care physicians, and other health professionals the Web's most robust and integrated medical information and educational tools.

- 7804 Spina Bifida Association of America** www.sbaa.org  
Represents approximately 60 chapters of parents and other members of families having children born with spina bifida, individuals with spina bifida, and health professionals who work with them.

- 7805 WebMD** www.webmd.com  
Information on Spina Bifida, including articles and resources.

## Description

### 7806 Spinal Cord Injuries

Spinal cord injury results from trauma to or disease of the spinal cord. Depending on where the spinal cord was injured, paraplegia (paralysis affecting the legs and lower part of the body) or quadriplegia (paralysis affecting all muscles below the neck and therefore all four limbs), may occur. Bladder and/or sexual function may be damaged. Each year, 12,000 people, mostly teenage males, sustain a spinal cord injury as a result of motor vehicle or sports-related accidents, or violent crimes.

Modern medical and surgical care has dramatically increased both long-term survival and quality of life in victims of spinal cord injury. This improvement reflects intensive medical care and appropriate surgical stabilization at the time of the injury, and in later years, attention to preventing the complications, such as skin breakdown, bladder infection and lung dysfunction. One of the greatest challenges is helping persons with spinal cord injuries to live as productive and independent a life as possible. Rehabilitation should begin as soon as possible after the injury. It usually starts with several weeks at a specialized inpatient facility, then transitions to family-assisted or independent living, depending on the extent of the disability. The multidisciplinary team provides education, emotional support, physical and occupational therapy, assistive devices, braces, and beds, and helps arrange special vans or modifications to the patient's home. Many voluntary societies and government agencies can help with the transition to life in the community.

## National Agencies & Associations

### 7807 American Association of Spinal Cord Injury Nurses

801 18th Street NW 202-416-7704  
 Washington, DC 20006 Fax: 202-416-7641  
 e-mail: aascin@pva.org  
 www.aascin.org

Comprised of nurses who specialize in spinal cord research nursing and education.

*Maurice L Jordan, Acting Executive Director*  
*Sara Lerman MPH, Program Manager*

### 7808 American Paraplegic Society

801 18th Street NW 202-416-7704  
 Washington, DC 20006-1131 Fax: 202-416-7641  
 e-mail: aps@pva.org  
 www.apssci.org

A professional membership organization for physicians scientists and allied health care professionals.

*Maurice L Jordan, Acting Executive Director*  
*Brenda Finkel, Administrative Assistant*

### 7809 American Spinal Cord Injury Association

2020 Peachtree Road NW 404-355-9772  
 Atlanta, GA 30309 Fax: 404-355-1826  
 e-mail: ASIA\_Office@shepherd.org  
 www.asia-spinalinjury.org

Promotes and establishes standards of excellence for all aspects of health care of individuals with spinal cord injury from onset throughout life.

*Michael Haak, M.D., President*  
*Mary . Jane Mulcahey, PhD., O.T., President-Elect*

### 7810 American Spinal Injury Association (ASIA)

2020 Peachtree Road NW 404-355-9772  
 Atlanta, GA 30309 Fax: 404-355-1826  
 e-mail: ASIA\_Office@shepherd.org  
 www.asia-spinalinjury.org

Promotes and establishes standards of excellence for all aspects of health care of individuals with spinal cord injury from onset throughout life.

*Michael Haak, M.D., President*  
*Mary . Jane Mulcahey, PhD., O.T., President-Elect*

### 7811 Association of Spinal Cord Injury Psychologists and Social Workers

801 18th Street NW 202-416-7704  
 Washington, DC 20006-1131 Fax: 202-416-7641  
 e-mail: aascipsw@epua.org  
 www.aascipsw.org

Formed in 1986 to provide a forum for the exchange of ideas and information with assistance of the Eastern Paralyzed Veterans Association.

*Maurice L Jordan, Acting Executive Director*  
*Brenda Finkel, Administrative Assistant*

### 7812 Christopher & Dana Reeve Foundation Paralysis Resource Center

636 Morris Turnpike 973-467-8270  
 Short Hills, NJ 07078 800-225-0292  
 e-mail: info@paralysis.org  
 www.christopherreeve.org

The Reeve Foundation is dedicated to curing spinal cord injury by funding innovative research, and improving the quality of life for people living with paralysis through grants, information and advocacy.

*John M. Hughes, Chairman*  
*John E. McConnell, Vice Chairman*

### 7813 Eastern Paralyzed Veterans Association of America

7520 Astoria Boulevard 718-803-3782  
 E Elmhurst, NY 11370-1177 800-444-0120  
 Fax: 718-803-0414

Dedicated to serving veterans with a spinal cord injury or disease in New York New Jersey Connecticut or Pennsylvania. Based in New York City EPVA is the leader in funding SCI research and care.

*Angela Wu, Director of Library Information*

### 7814 FES Information Center WO Walker Industrial Rehabilitation Cent

WO Walker Industrial Rehabilitation Center  
 11000 Cedar Avenue  
 Cleveland, OH 44106-3052 800-666-2353  
 FES offers technology to persons with neuromuscular disorders resulting from spinal cord injury, head injury or stroke. The most widely known use of FES in the spinal community is for exercise.

### 7815 International Medical Society of Paralegia: US Office

T Giles 713-797-5910  
 1333 Moursend Avenue Fax: 713-799-7017  
 Houston, TX 77030  
 National non-profit organization offers information resources and research for people with spinal cord injury or dysfunction. Professional organization for physicians.

### 7816 International Spinal Cord Regeneration Center

PO Box 451 619-463-5350  
 Bonita, CA 91908 Fax: 619-460-2699  
 e-mail: spinal@mailutopia.net  
 www.spinal.siteutopia.net

Specializes in spinal cord regeneration as well as Embryonic Cell Transplant Therapy.

*Fernando C Ramirez del Rio, Medical Director*  
*Wolfram W Kuhnu, Associate*

### 7817 Kent Waldrep National Paralysis Foundation Main Office

Main Office 972-248-7100  
 16415 Addison Road 800-925-2873  
 Addison, TX 75001 Fax: 972-248-7313

## Spinal Cord Injuries / State Agencies & Associations

National non-profit organization offers information referral resources and research for people with spinal cord injury their family members or service providers.

### 7818 National Spinal Cord Injury Association: Metropolitan Washington Chapter

6701 Democracy Boulevard 301-214-4006  
Bethesdae, MD 20817 800-962-9629  
Fax: 301-881-9817  
e-mail: stevetowle@cs.com

The mission of the National Spinal Cord Injury Association is to enable people with spinal cord injury and disease to achieve their highest level of independence, health, and personal fulfillment by providing resources, services, and peer support.

*Harley Thomas, President*

### 7819 National Spinal Cord Injury Statistical Center

University of Alabama, Dept. of Physical Medicine  
1717 6th Ave South 205-934-3342  
Birmingham, AL 35233 Fax: 205-975-4691  
TDD: 205-934-4642  
e-mail: nscisc@uab.edu  
www.nscisc.uab.edu

The UAB Department of Physical Medicine and Rehabilitation is funded by the National Institute on Disability and Rehabilitation Research (NIDRR) to operate the National Spinal Cord Injury Statistical Center (NSCISC). NSCISC supports and directs the collection, management and analysis of the world's largest and longest spinal cord injury research database. Organizationally, NSCISC is currently at the hub of a network of 14 NIDRR-sponsored and 5 subcontract-funded Spinal Cord Injury Model Systems

*Yuying Chen, MD, PhD, Director*

*Pam Mott, Director Research Services*

### 7820 Paralyzed Veterans of America

801 18th Street NW 202-872-1300  
Washington, DC 20006-3517 800-424-8200  
Fax: 202-785-4452  
TTY: 800-795-4327  
e-mail: info@pva.org  
www.pva.org

For more than 67 years, Paralyzed Veterans of America has been on a mission to change lives and build brighter futures for our seriously injured heroes-to empower these brave men and women with what they need to achieve the things they fought for: freedom and independence.

*Bill Lawson, National President*

*Al Kovach, Jr., National Senior Vice President*

### 7821 Rick Hansen Foundation

300-3820 Cessna Drive 604-295-8149  
Richmond, BC V7B 0-1A1 800-213-2131  
Fax: 604-295-8159  
e-mail: info@rickhansen.com  
www.rickhansen.com

The Rick Hansen Foundation unifies organizations and leaders to work in partnership towards positive change for a healthy and inclusive world, with a key focus of improving the lives of those with spinal cord injuries.

Through Rick's leadership, the Foundation has leveraged the \$26 million raised during the original Tour to more than \$280 million in investments toward SCI research, rehabilitation and quality of life initiatives.

*Doramy Ehling, Executive Vice President*

*Colin Ewart, Vice President of Strategic Relations*

### 7822 Spinal Cord Injury Network International

3911 Princeton Drive 707-577-8796  
Santa Rosa, CA 95405-7013 800-548-2673  
Fax: 707-577-0605  
e-mail: spinal@sonic.net  
www.spinalcordinjury.org

Spinal Cord Injury Network International was founded in 1986 by Lennice Ambrose after her son suffered a spinal cord injury in a car accident. She soon came to the realization that there was a lack of collected resources for those seeking help. Starting the organization at her home in Santa Rosa, California; the organization has grown to be recognized internationally for being dedicated to helping injured persons and their families reach the best possible care and knowledgeable information. Our o  
*Lennice Ambrose, Executive Director*  
*Sharon E Hunt, Medical Librarian*

### 7823 Spinal Cord Society

19051 County Highway 1 218-739-5252  
Fergus Falls, MN 56537 Fax: 218-739-5262  
www.scsus.org

Funds research for spinal cord injuries and provides physician referrals.

## State Agencies & Associations

### Arizona

### 7824 Arizona Spinal Cord Injury Association

Samaritan Rehab Institute R-2 602-507-4209  
5025 E Washington St 888-889-2185  
Phoenix, AZ 85034 Fax: 602-507-4214  
e-mail: info@azspinal.org  
www.azspinal.org

The Arizona Spinal Cord Injury Association is a nonprofit organization dedicated to enhancing the lives of individuals with spinal cord injuries. We also offer support and education to family members, professionals, and community members.

*Don Price, President*

*Donna Powers, Vice President*

### California

### 7825 National Spinal Cord Injury Association: San Diego County Chapter

6645 Alvarado Road 619-229-7001  
San Diego, CA 92120 e-mail: rehabds@gte.net  
www.users.erols.com

Organization dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through education, injury prevention, improvement of medical, rehabilitative and supportive services, research and public policy formulation.

*Royce Hamrick*

### 7826 National Spinal Cord Injury Association: Los Angeles Chapter

311 Robertson Boulevard 310-553-4833  
Beverly Hills, CA 90211 Fax: 310-659-5040  
www.users.erols.com

Organization dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through education, injury prevention, improvement of medical, rehabilitative and supportive services, research and public policy formulation.

*Paul Berns MD, President*

### Connecticut

### 7827 National Spinal Cord Injury Association: Connecticut Chapter

Wallingford, CT 06492 203-284-1045  
e-mail: nscia@sciact.org  
www.users.erols.com

Organization dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through education, injury prevention, improvement of medical, rehabilitative and supportive services, research and public policy formulation.

*Bill Mancini, President*

*Liza Ethier, Contact*

## Florida

- 7828 Goodwill Industries-Suncoast**  
 Goodwill Industries-Suncoast  
 10596 Gandy Boulevard 727-523-1512  
 Saint Petersburg, FL 33702 888-279-1988  
 Fax: 727-579-0850  
 TTY: 727-579-1068  
 e-mail: gw.marketing@goodwill-suncoast.com  
 www.goodwill-suncoast.org
- Goodwill-Suncoast was founded in October 1954 in downtown St. Petersburg. We began by assisting a handful of people with disabilities to gain work skills and paychecks. Now we help thousands of people overcome a variety of barriers to employment through employment programs, five subsidized apartment buildings, work activities centers for adults with developmental disabilities, as well as rehabilitative community corrections facilities. To support these services, Goodwill-Suncoast operates 15 ret  
*Oscar J. Horton, Chair*  
*Martin W. Gladysz, Sr. Vice Chair*

## Georgia

- 7829 Shepherd Center**  
 2020 Peachtree Road NW 404-352-2020  
 Atlanta, GA 30309 e-mail: admissions@shepherd.org  
 www.shepherd.org
- Shepherd Center is a 152-bed facility. Last year Shepherd had 965 admissions to its inpatient programs and 571 to its day patient programs. In addition, Shepherd sees more than 6,600 people annually on an outpatient basis.  
*Gary R. Ulicny, Ph.D, President/CEO*  
*Brock K Bowman, Assistant Medical Director*

## Illinois

- 7830 Spinal Cord Injury Association of Illinois**  
 1032 S LaGrange Road 708-352-6223  
 LaGrange, IL 60525 877-373-0301  
 Fax: 708-352-9065  
 e-mail: sciiinjury@aol.com  
 www.sci-illinois.org
- Spinal Cord Injury Association of Illinois (formerly NSCIA, Illinois Chapter) is a 501(c)3 non-profit organization providing information and support resources for people paralyzed by trauma and medical conditions, family members, and health care and related professionals that serve the SCI community. Our office is located in LaGrange, IL, a suburb of Chicago, but we serve the entire state.  
*Kim Eberhardt Muir, MS, OTR, President*  
*Vic Myers, Vice President*

## Indiana

- 7831 National Spinal Cord Injury Association: Central Indiana Chapter**  
 2109 Cleveland Street 219-944-8037  
 Garyanapolis, IN 46404 Fax: 317-329-2530  
 e-mail: rjackson@ci.gary.in.us
- Organization dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through education, injury prevention, improvement of medical, rehabilitative and supportive services, research and public policy formulation.  
*Lucille Hightower*

## Kentucky

- 7832 National Spinal Cord Injury Association: Derby City Area Chapter**  
 Center for Accessible Living 502-588-8574  
 305 W. Broadway e-mail: dallgood@calky.org  
 Louisville, KY 40202 www.derbycityspinalcord.org
- Derby City Area Spinal Cord Injury Association, the Louisville Kentucky Chapter of the (N.S.C.I.A.) National Spinal Cord Injury Association. Derby City Area Spinal Cord Injury Association is a organization for individuals with spinal cord injuries, their families, and health professionals across Kentucky. Founded in 1984 as

a Charter Member of the N.S.C.I.A., it was incorporated under IRS Section 501 (c) 3 as a not for profit organization.

*David Allgood, President*  
*Adam Ford, Vice President*

## Louisiana

- 7833 National Spinal Cord Injury Association: Louisiana Chapter**  
 3650 18th Street 504-455-1178  
 Metairie, LA 70002 Fax: 504-455-7315
- Organization dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through education, injury prevention, improvement of medical, rehabilitative and supportive services, research and public policy formulation.  
*Yadi Mark*

## Massachusetts

- 7834 National Spinal Cord Injury Association**  
 545 Concord Avenue 301-588-6959  
 Cambridge, MA 02138-1173 800-962-9629  
 Fax: 301-588-9414  
 e-mail: nscia2@aol.com  
 www.spinalcord.org
- Organization dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through education, injury prevention, improvement of medical, rehabilitative and supportive services, research and public policy formulation.

- 7835 National Spinal Cord Injury Association: Greater Boston Chapter**  
 New England Rehabilitation Hospital 781-933-8666  
 Two Rehabilitation Way Fax: 781-933-0043  
 Woburn, MA 01801 e-mail: sciboston@aol.com  
 www.sciboston.com
- Organization dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through education and injury prevention.  
*Dave Estrada, Director*  
*Kevin Gibson, Coordinator*

## New Hampshire

- 7836 New Hampshire Chapter NSCIA**  
 Northeast Rehabilitation Hospital 603-479-0560  
 21 Chenell Drive 800-826-3700  
 Concord, NH 03301-3974 Fax: 928-438-9607  
 e-mail: debbie@gsil.org  
 www.spinalcord.org
- Lisa Thompson, President*

## New York

- 7837 Greater Rochester Area Chapter NSCIA**  
 Rochester, NY 14602-0076 585-234-3269  
 e-mail: rochesternscia@yahoo.com  
 www.spinalcord.org

*Karen Genet, Contact*  
*Cathy Flanagan, Contact*

- 7838 National Spinal Cord Injury Association**  
 75-20 Astoria Blvd 718-803-3782  
 Jackson Heights, NY 11370 800-962-9629  
 Fax: 301-990-0445  
 e-mail: nscia2@aol.com  
 www.spinalcord.org
- National Spinal Cord Injury Association, the membership division of United Spinal, was founded in 1948 to improve the lives of all paralyzed Americans. Our mission is to improve the quality of life of all people living with a spinal cord injury or disease. We provide active-lifestyle information, peer support and advocacy that em-

# Spinal Cord Injuries / Research Centers

power individuals to achieve their highest potential in all facets of life

*Steven A Towle, Contact*

## Pennsylvania

- 7839 Shriners Hospital for Children**  
3551 N Broad Street  
Philadelphia, PA 19140  
215-430-4000  
800-281-4050  
Fax: 215-430-4079  
e-mail: tdiamond@shrinenet.org  
www.shrinershospitalsforchildren.org
- Studies and research done on children with spinal cord injuries.  
*Scott . Kozin, M.D, Chief of Staff*  
*Terry Diamond, Development Officer*

- 7840 Spinal Cord Injury Program at Harmarville Rehabilitation Center**  
Pittsburgh, PA 15238  
412-828-1300  
800-624-4673
- Most comprehensive center for the treatment of spinal cord injury and disease.

## Texas

- 7841 Rio Grande Chapter: NSCIA Rio Vista Rehabilitation Hospital**  
Rio Vista Rehabilitation Hospital  
1395 George Dieter  
El Paso, TX 79936-2901  
915-298-7241  
e-mail: riograndenscia@aol.com  
www.spinalcord.org
- Sukie Armendariz, Contact*  
*Ron Prieto, Contact*

## Virginia

- 7842 Old Dominion Area Chapter: NSCIA**  
5206 Markel Road  
Richmond, VA 23226  
804-726-4990  
Fax: 888-752-7857  
e-mail: info@odcnsCIA.org  
www.odcnsCIA.org
- Our mission is to enable people with spinal cord injuries and disease to achieve their highest level of health, independence and quality of life. We educate public officials, community leaders, and citizens to the needs of persons with spinal cord injury and disease, and the importance of creating an environment of greater independence for all. We offer a variety of services and a wealth of knowledge towards unlocking the door for active living with SCI.  
*Steve Fetrow, President*  
*Craig Fabian, Vice President*

## Wisconsin

- 7843 Southeastern Wisconsin Chapter of the National Spinal Cord Injury Association**  
Sacred Heart Rehabilitation Hospital  
540 South 1st Street  
Milwaukee, WI 53204-1993  
414-384-4022  
Fax: 414-384-7820  
e-mail: office@spinalcordwi.org  
www.spinalcord.org
- The mission of the NSCIA-SWC is to assist people who have some degree of paralysis through injury or disease with a goal of returning them to a life of dignity, self-confidence and independence in a community that is all inclusive.  
*John Dzikwa, President*

## Research Centers

- 7844 Miami Project to Cure Paralysis**  
1095 NW 14th Terrace  
Miami, FL 33101  
305-243-6001  
800-STA-NDUP  
Fax: 205-243-6017  
e-mail: miamiproject@med.miami.edu  
www.miamiproject.miami.edu
- In 1985, Barth A. Green, M.D. and NFL Hall of Fame linebacker Nick Buoniconti helped found The Miami Project to Cure Paralysis after Nick's son, Marc, sustained a spinal cord injury during a college football game. Today, The Miami Project is the world's most comprehensive spinal cord injury research center, and is a desig-

nated Center of Excellence at the University of Miami Miller School of Medicine. The Miami Project's international team is housed in the Lois Pope LIFE Center and includes more t  
*Barth A. Green, M.D., Co-Founder and Chairman*  
*Marc A Buoniconti, President*

- 7845 Pushin On: RRTC on Secondary Conditions of Spinal**  
UAB Office of Research Services  
1717 6th Avenue South  
Birmingham, AL 35249-7330  
205-934-3283  
Fax: 205-975-4691  
TDD: 205-934-4642  
e-mail: sciweb@uab.edu  
www.spinalcord.uab.edu

Pushin' On is an enewsletter published to provide persons with SCI and their families with information of interest. The newsletter is offered 2 times per year and sent electronically to subscribers to the UAB-SCIMS Email List, and it is posted online for our follows on facebook and twitter.

*8 pages 2 per year*  
*Amie B McLain, MD., Program Director*  
*Phil Klebine, Editor*

- 7846 RRTC on Aging with a Disability Los Amigos Research and Education Instit**  
Los Amigos Research and Education Institute  
7601 E Imperial Highway  
Downey, CA 90242-3456  
562-401-7402  
Fax: 562-401-7011  
e-mail: lcarrothers@agingwithdisability.org  
www.agingwithdisability.org
- A federally funded rehabilitation research and training center.  
*Bryan Kemp PhD, Director*  
*Leanne Carro Pt PhD, Training Director*

## Support Groups & Hotlines

- 7847 Georgia National Spinal Cord Injury Association Support Group Network**  
Columbus, GA 31920  
800-422-3352
- Support group dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through rehabilitative and supportive services, research and public policy formulation.  
*Andy Harp*

- 7848 HEALTHSOUTH Rehabilitation Hospital of Tallahassee**  
1675 Riggins Road  
Tallahassee, FL 32308  
850-656-4800  
Fax: 850-656-4809  
www.healthsouthtallahassee.com
- Our hospital provides a wide range of physical rehabilitation services, a vast network of highly-skilled, independent private practice physicians and HealthSouth therapists and nurses, and the most innovative equipment and rehabilitation technology, ensuring that all patients have access to the highest quality care. Designed with our patient's care in mind, HealthSouth Rehabilitation Hospital of Tallahassee offers semi-private rooms, which promote social interaction and support throughout the re  
*Dale Neely, Chief Executive Officer*  
*Robert Rowland, M.D., Medical Director*

- 7849 Maryland National Spinal Cord Injury Association Support Group Network**  
Kerman Hospital  
2200 Kerman Drive  
Baltimore, MD 21207  
410-448-6307  
800-962-9629  
e-mail: mhenley@kerman.umm.edu  
www.spinalcord.org

Open group for all caregivers and does not focus on a specific disability, disease or condition.

- 7850 National Health Information Center**  
Washington, DC 20013  
310-565-4167  
800-336-4797  
Fax: 301-984-4256  
e-mail: info@nhic.org  
www.health.gov/nhic
- Offers a nationwide information referral service, produces directories and resource guides.

**7851 National Spinal Cord Injury Support Groups**  
 Florida Rehabilitation and Sports Medicine  
 5165 Adanson Street  
 Orlando, FL 32804  
 407-895-7991

Support group dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through rehabilitative and supportive services, research and public policy formulation.

**7852 VIVA!**  
 Health Enhancement Learning Programs  
 Dallas, TX 75354-3065  
 972-986-2977  
 800-334-4403

A computer-based patient education system on spinal cord injury.

**7853 National Spinal Cord Injury Support Groups**  
 Healthsouth Central Georgia Rehab Hospital  
 3351 Northside Drive  
 Macon, GA 31210  
 478-201-6500  
 800-491-3550  
 Fax: 478-633-5134  
 e-mail: [tamboli.sara@mccg.org](mailto:tamboli.sara@mccg.org)  
[www.centralgarehab.com/](http://www.centralgarehab.com/)

Support group dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through rehabilitative and supportive services, research and public policy formulation.

*Kathy Parks Combs RN, SCI Support Group Coordinator*

**7854 National Spinal Cord Injury Support Groups**  
 HEALTHSOUTH, Sea Pines Rehabilitation Hospital  
 101 E Florida Avenue  
 Melbourne, FL 32901  
 407-984-4600  
 e-mail: [laura.leitz@healthsouth.com](mailto:laura.leitz@healthsouth.com)  
[www.spinalcord.org](http://www.spinalcord.org)

In a support group, members provide each other with various types of help for shared purposes. The help can take the form of providing and evaluating relevant information, relating personal experiences, listening to and accepting others' experiences, educating and guiding, or for providing sympathetic understanding and establishing social networks. Support Groups may each have their own way of accomplishing their mission but all of them share the same goal of improving the lives of participants.

**7855 National Spinal Cord Injury Support Groups**  
 115 Alpine Street  
 Chickasaw, AL 36611  
 334-456-1768

Support group dedicated to improving the quality of life for persons with spinal cord injury and related disorders and their families. Seeks to fulfill this mission by raising awareness about spinal cord injury through rehabilitative and supportive services, research and public policy formulation.

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## Books

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**7856 Body Silent: An Anthropologist Embarks into the World of the Disabled**  
 WW Norton Publishing  
 500 Fifth Avenue  
 New York, NY 10110  
 212-354-5500  
 Fax: 212-869-0856  
[www.wwnorton.com](http://www.wwnorton.com)

Diagnosed at midlife in the early 1980s with an inoperable (and, at the time, untreatable) ependymoma of the spine, an anthropologist frankly discusses his progressive disability.

*ISBN: 0-393307-02-6*

**7857 Climbing Back**  
 Miramar Communications  
 PO Box 8987  
 Malibu, CA 90265-8987  
 800-543-4116  
 The author broke his back after a climbing fall. With his sights at the top of the mountain he climbs back in this inspiring story.  
*256 pages Hardcover*

**7858 Occupational Therapy Practice Guidelines for Adults with Spinal Cord Injury**  
 American Occupational Therapy Association

4720 Montgomery Lane  
 Bethesda, MD 20824-1220  
 301-652-2682  
 Fax: 301-652-7711  
 TDD: 800-377-8555  
[www.aota.org](http://www.aota.org)

*31 pages*  
*ISBN: 1-569001-54-5*

**7859 Options: Spinal Cord Injury and the Future**  
 National Spinal Cord Injury Association  
 8300 Colesville Road  
 Silver Spring, MD 20910-3243  
 301-588-6959  
 800-962-9629  
 Fax: 301-588-9414  
 e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

A collection of conversations with people who have had spinal cord injuries who share some of their experiences and emotions.  
*150 pages*

**7860 Spinal Cord Injury Home Care Manual**  
 Santa Clara Valley Medical Center  
 751 S Bascom Avenue  
 San Jose, CA 95128-2699  
 408-885-5000  
[www.scvmed.org](http://www.scvmed.org)

Provides people with spinal cord injury, their families and professionals with information about physical care, independent living, psychosocial issues, attendant care and supplies.

**7861 Spinal Network**  
 Miramar Communications  
 PO Box 8987  
 Malibu, CA 90265  
 800-543-4116  
 Total wheelchair resource book.

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## Children's Books

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**7862 Follow Your Dreams**  
 National Spinal Cord Injury Association  
 8300 Colesville Road  
 Silver Spring, MD 20910-3243  
 301-588-6959  
 800-962-9629  
 Fax: 301-588-9414  
 e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

JT, born with spina bifida, goes on an adventure. Written for and by children with SCI, for children ages 9-12.  
*30 pages*

**7863 Tell it Like it is**  
 National Spinal Cord Injury Association  
 8300 Colesville Road  
 Silver Spring, MD 20910-3243  
 301-588-6959  
 800-962-9629  
 Fax: 301-588-9414  
 e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

Written by teenagers with SCI for teenagers with SCI.

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## Magazines

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**7864 SCI Life**  
 National Spinal Cord Injury Association  
 8300 Colesville Road  
 Silver Spring, MD 20910-3243  
 301-588-6959  
 800-962-9629  
 Fax: 301-588-9414  
 e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

Official magazine of NSCIA. Updates on topics such as research, medical issues, prevention, new products, books, and Association activities.

*Quarterly*

**7865 Spinal Column**  
 Shepherd Spinal Center  
 2020 Peachtree Road NW  
 Atlanta, GA 30309-1465  
 404-352-2020

This quarterly magazine from the spinal center offers information on the newest treatments, therapies, referral centers, assistive devices and much more for persons living with spina bifida, multiple sclerosis and other chronic physical ailments.

*Quarterly*

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## Newsletters

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### 7866 Progress in Research

American Paralysis Association  
500 Morris Avenue  
Springfield, NJ 07081-1020  
973-379-2690  
800-225-0292  
Fax: 973-912-9433

Offers information on the association, news, reviews, books, and information on the latest medical and technological advances in spinal cord injury research.

*Quarterly*

*Susan P Howley, Research Director  
Mitchell R Stoller, President/CEO*

### 7867 Pushing on: University of Alabama

Christopher Reeve Association  
500 Morris Avenue  
Springfield, NJ 07081  
973-379-2690  
800-225-0292  
Fax: 973-912-9433

A research newsletter regarding spinal cord injuries.

*Quarterly*

*Mitchell R Stoller, President/CEO*

### 7868 Spinal Cord Society Newsletter

Spinal Cord Society  
19051 County Highway 1  
Fergus Falls, MN 56537  
218-739-5252  
Fax: 218-739-5262  
[www.members.aol.com/scsweb](http://www.members.aol.com/scsweb)

Offers medical reports, articles, convention news, chapter news and more for persons with spinal cord injury.

*Monthly*

### 7869 Walking Tomorrow: University of Alabama

Christopher Reeve Association  
500 Morris Avenue  
Springfield, NJ 07081-1020  
973-379-2690  
800-225-0292  
Fax: 973-912-9433

A research newsletter regarding spinal cord injuries.

*Quarterly*

*Mitchell R Stoller, President/CEO*

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## Pamphlets

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### 7870 Autonomic Dysreflexia

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414  
e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7871 Choosing A Spinal Cord Injury Rehabilitation Program

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414  
e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

Includes a listing of programs accredited by CARF & Model Centers designated by NIDRR.

### 7872 Fun and Games

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414  
e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7873 Functional Electrical Stimulation: Clinical Applications

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414  
e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7874 Importance of Basic Science in Research

National Spinal Cord Injury Association

8300 Colesville Road  
Silver Spring, MD 20910-3243

301-588-6959  
800-962-9629

Fax: 301-588-9414  
e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7875 Male Reproductive Function After Spinal Cord Injury

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414

e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7876 Medical Facilities and Resources for Ventilator Users

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414

e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7877 Reading Resources on Spinal Cord Injury

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414

e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7878 Sexuality After Spinal Cord Injury

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414

e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7879 Spinal Cord Injury Awareness

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414

e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

Understanding the importance of language and images.

### 7880 Spinal Cord Injury: Statistical Information

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414

e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7881 Starting a Support Group

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414

e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7882 Tendon Transfer Surgery

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414

e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7883 Travel After Spinal Cord Injury

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243  
301-588-6959  
800-962-9629  
Fax: 301-588-9414

e-mail: [nscia2@aol.com](mailto:nscia2@aol.com)  
[www.spinalcord.org](http://www.spinalcord.org)

### 7884 Understanding Spinal Muscular Atrophy

Families of Spinal Muscular Atrophy

PO Box 196  
Libertyville, IL 60048-0196

847-367-7620  
800-886-1762  
Fax: 847-367-7623  
e-mail: info@fsma.org  
www.curesma.com

Offers a brief overview of Spinal Muscular Atrophy, causes, treatments, symptoms and unknowns.  
*Kenneth Hobby, Executive Director*

## 7885 What is Spinal Cord Injury?

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243

301-588-6959  
800-962-9629  
Fax: 301-588-9414  
e-mail: nscia2@aol.com  
www.spinalcord.org

## 7886 What is a Physiatrist?

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243

301-588-6959  
800-962-9629  
Fax: 301-588-9414  
e-mail: nscia2@aol.com  
www.spinalcord.org

## 7887 What's New in Spinal Cord Injury Research?

National Spinal Cord Injury Association  
8300 Colesville Road  
Silver Spring, MD 20910-3243

301-588-6959  
800-962-9629  
Fax: 301-588-9414  
e-mail: nscia2@aol.com  
www.spinalcord.org

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## Audio & Video

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## 7888 Living with Spinal Cord Injury

*Barry Corbet, author*

Fanlight Productions  
4196 Washington Street  
Boston, MA 02131-1731

617-469-4999  
800-937-4113  
Fax: 617-469-3379  
e-mail: fanlight@fanlight.com  
www.fanlight.com

A series of three videos produced by an individual who has experienced spinal cord injury himself. Changes is about coming to terms with spinal cord injury and beginning rehabilitation. Outside looks at the life-long process by which some injured people have created active and rewarding lives. Survivors explores the problems of growing old with a disability.  
*1973 84 Minutes*

## 7889 SCI and Lower Extremity Orthoses

Health Enhancement Learning Programs  
PO Box 543065  
Dallas, TX 75354-3065  
A video presenting an overview of indications and use of HKAFO, KAFO and AFO. Perfect resource for medical presentations and professional workshops.

214-902-8277  
800-334-4403

## 7890 Spinal Cord Injury Video Access

Spinal Cord Injury Access International  
39111 Princeton Drive  
Santa Rosa, CA 95405

800-548-2673

Offers informational videotapes on spinal cord injury.

## 7891 Spinal Injury Slide Series

Health Enhancement Learning Programs  
PO Box 543065  
Dallas, TX 75354-3065

214-902-8277  
800-334-4403

A slide series based on the VIVA program, a patient education system on spinal cord injury.

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## Web Sites

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## 7892 American Association of Spinal Cord Injury Nurses

www.aascin.org

Comprised of nurses who specialize in spinal cord research, nursing and education.

## 7893 American Paraplegic Society

www.apssci.org

A professional membership organization for physicians, scientists and allied health care professionals.

## 7894 Christopher Reeve Paralysis Foundation

www.apacure.com

Dedicated to finding a cure for paralysis caused by spinal cord injury, head injury and stroke. A network of chapters across the country formed to provide comfort to the paralyzed but primarily to help raise funds to find a paralysis cure.

## 7895 Healing Well

www.healingwell.com

An online health resource guide to medical news, chat, information and articles, newsgroups and message boards, books, disease-related web sites, medical directories, and more for patients, friends, and family coping with disabling diseases, disorders, or chronic illnesses.

## 7896 Health Finder

www.healthfinder.gov

Searchable, carefully developed web site offering information on over 1000 topics. Developed by the US Department of Health and Human Services, the site can be used in both English and Spanish.

## 7897 Healthlink USA

www.healthlinkusa.com

Health information concerning treatment, cures, prevention, diagnosis, risk factors, research, support groups, email lists, personal stories and much more. Updated regularly.

## 7898 Helios Health

www.helioshealth.com

Online resource for your health information. Detailed information about specific health topics, access to expert advice from our Medical Advisory Board, and up-to-date health news.

## 7899 MedicineNet

www.medicinenet.com

An online resource for consumers providing easy-to-read, authoritative medical and health information.

## 7900 Medscape

www.medscape.com

Medscape offers specialists, primary care physicians, and other health professionals the Web's most robust and integrated medical information and educational tools.

## 7901 Miami Project to Cure Paralysis

www.miamiproject.miami.edu

Science and clinical research to restore function after spinal cord injury. The primary emphasis is on basic science research, under the direction of Dr. Richard Bunge, an eminent researcher.

## 7902 Sexual Health Network

www.sexualhealth.com

Informative site dealing with disability, sexuality and fertility.

## 7903 Spinal Cord Injury Information Network Center

www.spinalcord.uab.edu

Supervises and directs the collection, management and analysis of an extensive spinal cord injury database.

## 7904 Spinal Cord Injury Network International

www.sonic.net/~spinal

A non-profit organization that provides information and referral services and lends videos.

## 7905 University of Alabama, (UAB)

www.spinalcord.uab.edu

Up-to-date statistical information as well as extensive fact sheets on many aspects of Spinal Cord Injury.

## 7906 WebMD

www.webmd.com

Information on spinal cord injuries, including articles and resources.



## Description

### 7907 Stroke

Strokes are caused by an interruption of blood flow in the brain, and usually — 80 percent of cases — are the result of a blocked blood vessel. The incidence increases with age, is higher in men than in women, and is higher in blacks than in whites. Depending on the severity and location of the damage, symptoms of stroke may include sudden weakness or paralysis (especially on one side of the body), blurred vision, difficulty speaking, slurred speech, dizziness and falling, extreme headache, stiff neck, altered level of alertness, and loss of bladder control. High blood pressure, atherosclerosis (fatty deposits), heart disease, diabetes, cigarette smoking, and heavy alcohol use are the major risk factors predisposing someone to stroke.

Preventive therapy is aimed at treatment of high blood pressure, heart disease, and diabetes. If someone has had a stroke they may be treated with blood thinning agents and/or other medication to prevent brain swelling. Research has shown that patients who are given one of these agents within three hours of stroke symptoms may have some or total restoration of neurologic function. To that end, the Golden Hour program was developed in which emergency medical personnel can initiate therapy in certain patients on the way to the hospital. Rehabilitation after the stroke involves physical and occupational therapy. Many stroke survivors experience depression and difficulty regaining independence, so it is important to provide emotional support for both survivors and their families.

## National Agencies & Associations

### 7908 American Heart Association

7272 Greenville Avenue  
Dallas, TX 75231  
214-373-6300  
800-242-8721  
www.heart.org

The American Heart Association is the nation's oldest, largest voluntary organization devoted to fighting cardiovascular diseases and stroke. Founded by six cardiologists in 1924, our organization now includes more than 22.5 million volunteers and supporters working tirelessly to eliminate these diseases. We fund innovative research, fight for stronger public health policies and provide life-saving tools and information to save and improve lives.

*Bernie Dennis, Chairman*  
*Mariell Jessup, President*

### 7909 American Stroke Association

7272 Greenville Avenue  
Dallas, TX 75231  
888-478-7653  
www.heart.org

Created in 1997, the American Stroke Association is dedicated to prevention, diagnosis and treatment to save lives from stroke - America's No. 4 killer and a leading cause of serious disability. We fund scientific research, help people better understand and avoid stroke, encourage government support, guide healthcare professionals and provide information to enhance the quality of life for stroke survivors. To learn more, call 1-888-4-STROKE or browse strokeassociation.org.

*Gordon F. Tomaselli, President*

### 7910 Heart and Stroke Foundation of Canada

222 Queen Street  
Ottawa, Ontario, ON K1P 5-5V9  
613-569-4361  
Fax: 613-569-3278  
www.heartandstroke.com

The Foundation's health promotion and advocacy programs across the country are saving lives every day. Working together, our employees, volunteers, donors and world-class researchers have made the Heart and Stroke Foundation what we are today: Canada's most widely recognized and trusted authority on cardiovascular health. Our mission is to create healthy lives free of heart disease and stroke. Together, we will make it happen.

*Douglas B. Clement, CM, MD, Chair*  
*Mark R. Andrews, Director*

### 7911 National Heart, Lung & Blood Institute

PO Box 301051  
Bethesda, MD 20824  
301-592-8573  
Fax: 301-592-8563  
TTY: 240-629-3255  
e-mail: nhlbiinfo@nhlbi.nih.gov  
www.nhlbi.nih.gov

The NHLBI stimulates basic discoveries about the causes of disease, enables the translation of basic discoveries into clinical practice, fosters training and mentoring of emerging scientists and physicians, and communicates research advances to the public. It creates and supports a robust, collaborative research infrastructure in partnership with private and public organizations, including academic institutions, industry, and other government agencies. The Institute collaborates with patients, f

*Gary H. Gibbons, MD, Director*  
*Susan B. Shurin, MD, Chief of Staff*

### 7912 National Institute of Neurological Disorders and Stroke

PO Box 5081  
Bethesda, MD 20824  
301-496-5751  
800-352-9424  
Fax: 301-402-2186  
TTY: 301-468-5981  
e-mail: webManagers@ninds.nih.gov  
www.ninds.nih.gov

The mission of NINDS is to reduce the burden of neurological disease - a burden borne by every age group, by every segment of society, by people all over the world.

*Story C Landis PhD, Director*  
*Walter J Koroshetz, Deputy Director*

### 7913 National Institute of Neurological Disorders and Stroke

PO Box 5801  
Bethesda, MD 20824  
301-496-5751  
800-352-9424  
Fax: 301-402-2186  
TTY: 301-468-5981  
e-mail: webManagers@ninds.nih.gov  
www.ninds.nih.gov

The mission of NINDS is to reduce the burden of neurological disease - a burden borne by every age group, by every segment of society, by people all over the world.

*Story C Landis PhD, Director*  
*Walter J Koroshetz, Deputy Director*

### 7914 National Stroke Association

9707 E Easter Lane  
Centennial, CO 80112-3747  
303-649-9299  
800-787-6537  
Fax: 303-649-1328  
e-mail: Info@stroke.org  
www.stroke.org

A national organization whose sole purpose is to reduce the incidence and impact of stroke through prevention treatment rehabilitation and research and support for stroke survivors and their families.

*Jamie Charbonneau, Director, Corporate Alliances*  
*James Baranski, Chief Executive Officer*

### 7915 Stroke Recovery Canada

10 Overlea Boulevard  
Toronto, Ontario, ON M4H 1-1A4  
416-425-3463  
800-263-3463  
Fax: 416-425-1920  
e-mail: info@marchofdimes.ca  
www.marchofdimes.ca

Stroke Recovery Canada is a national service offering support, education and community programs for stroke survivors, their caregivers and families. Stroke Recovery Canada will connect you with a network of support that can help you reclaim your independence, your sense of community and your ability to thrive.

*Andria Spindel, President/Chief Executive Officer*  
*Jerry Lucas, Vice President, Programs*

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**Foundations**


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**7916 American Stroke Foundation**

5916 Dearborn 913-649-1776  
 Mission, KS 66202 866-549-1776  
 Fax: 913-649-6661  
[www.americanstroke.org](http://www.americanstroke.org)

The vision of the American Stroke Foundation is to reach out to stroke survivors and their families across America and empower them to reclaim hope for life after stroke

*Joan McDowd, Executive Director*

*Jen Creed, Director of Programs and Outreach*

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**Research Centers**


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**7917 Bowman Gray School of Medicine**

Medical Center Boulevard 919-716-7461  
 Winston Salem, NC 27157-0001 Fax: 919-716-5639  
[www.web.bgsu.edu](http://www.web.bgsu.edu)

*James Toole MD, Professor*

**7918 Cerebral Blood Flow Laboratories Veterans Administration Medical Center**

Veterans Administration Medical Center  
 2002 Holcombe Boulevard 713-795-5807  
 Houston, TX 77030-4211 Fax: 713-957-01

Offers research in cerebrovascular disorders and risk factors for stroke.

*John S Meyer MD, Director*

**7919 Comprehensive Stroke Center of Oregon University of Oregon Health Sciences Cen**

University of Oregon Health Sciences Center  
 3181 SW Sam Jackson Park Road  
 Portland, OR 97239-3098 503-494-7225  
[www.ohsu.edu](http://www.ohsu.edu)

The Oregon Stroke Center (OSC) was established over 20 years ago to provide comprehensive treatment and prevention services to stroke patients throughout the Northwest. Recognized as a national leader in acute stroke treatment, the OSC mobile stroke team provides novel stroke treatments to multiple Portland hospitals. In addition to clinical care, the OSC is actively involved in clinical and basic research and provides extensive stroke related education to the public and providers. Quick action

*Wayne Clark, M.D., Professor*

*Helmi Lutsep, M.D., Professor*

**7920 Departments of Neurology & Neurosurgery: University of California, San Francisco**

UCSF Medical Center  
 505 Parnassus Avenue 415-476-1537  
 San Francisco, CA 94143 Fax: 415-476-0616  
 e-mail: [bill.dillon@radiology.ucsf.edu](mailto:bill.dillon@radiology.ucsf.edu)  
[www.radiology.ucsf.edu](http://www.radiology.ucsf.edu)

The Department of Radiology & Biomedical Imaging at the University of California, San Francisco combines clinical excellence, trailblazing research, and outstanding education in a leading academic health sciences institution. Our faculty includes some of the foremost names in diagnostic and interventional radiology today.

*Dr. Ronald Arenson, Chairman*

*Catherine Garzio, Director of Administration*

**7921 Hospital of the University of Pennsylvania**

3400 Spruce Street 215-662-4000  
 Philadelphia, PA 19104 800-789-PENN  
 Fax: 215-903-09  
 e-mail: [pleasure@email.chop.edu](mailto:pleasure@email.chop.edu)  
[www.pennmedicine.org](http://www.pennmedicine.org)

The Hospital of the University of Pennsylvania (HUP) is world-renowned for its clinical and research excellence, forging the way for newer and better ways to diagnose and treat illnesses and disorders. The world-class faculty and staff of the Hospital of the University of Pennsylvania are dedicated to superior patient care, education and research for a better, healthier future. Their significant and groundbreaking contributions to medicine are recognized both nationally and internationally. The

*David E Pleasure MD, Director*

**7922 Massachusetts General Departments of Neurology and Neurosurgery**

Massachusetts General Hospital  
 55 Fruit Street  
 Boston, MA 02114 617-726-2000  
[www.massgeneral.org](http://www.massgeneral.org)

Guided by the needs of our patients, our mission is to be the preeminent academic neurology department in the US by: providing outstanding clinical care while rapidly discovering new treatments to reduce and eliminate the devastating impact of neurological disorders; training the very best neurologists and scientists of the future, and improving the health and well-being of the diverse communities we serve.

*Peter Slavin, Director*

*Robert Ackerman, Doctor*

**7923 Stroke Research and Treatment Center UAB Medical Center**

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The nationally-ranked UAB Department of Neurology is home to eight comprehensive divisions and seven centers offering an array of clinical activities. Over 26,000 patients are cared for annually through state-of-the-art subspecialty care and innovative treatments. Our residents have the opportunity to work in various neurology fields with 50 clinical and research faculty members.

*Andrei V Alexandrov MD, Director and Professor*

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The Roy J. and Lucille A. Carver College of Medicine is a highly ranked medical school where students learn to become accomplished clinicians and top-flight researchers and educators. Students come to Iowa to study medicine in a program that uses case-based learning as the basis of their education. With its emphasis on problem-solving skills, early exposure to patients, and enhanced community-based experiences, UI medical students typically earn impressive scores on Step 1 of the U.S. Medical Li

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Washington University School of Medicine is a leader in improving human health throughout the world. As noted leaders in patient care, research and education, our outstanding faculty members have contributed many discoveries and innovations to the field of science since the founding of the School of Medicine in 1891. The