

Alabama

1 Aetna US Healthcare
3000 Riverchase Galleria
Suite 780
Birmingham, AL 35244
Toll-Free: 800-765-4379
Phone: 205-985-3526
Fax: 770-346-1094
 www.aetna.com
 Year Founded: 1996
 Number of Affiliated Hospitals: 23
 State Member Enrollment: 17,703

Healthplan and Services Defined
PLAN TYPE: PPO
 Model Type: Network
 Benefits Offered: Disease Management, Wellness

Type of Coverage
 Commercial, Individual

Type of Payment Plans Offered
 POS, Capitated, FFS

Geographic Areas Served
 Anniston, Autauga, Baldwin, Blount, Calhoun, Cherokee, Chilton, Clay, Cleburn, Colbert, Coosa, Covington, Cullman, Dallas, Dekalb, Elmore, Escambia, Etowah, Fayette, Jackson, Jefferson, Lauderdale, Lawrence, Limestone, Lowndes, Madison, Marsall, Mobile, Montgomery, Morgan, Panama City, Russell, Santa Rosa, St. Claire, Tallafega, Tallapoosa, Washington counties

Peer Review Type
 Case Management: Yes

Publishes and Distributes Report Card: Yes

Key Personnel
 Medical Affairs Richard Hart
 Information Systems Lisa Traynor

Specialty Managed Care Partners
 Enters into Contracts with Regional Business Coalitions: Yes

2 Beech Street Corporation: Alabama
3460 Preston Ridge Road
Suite 300
Alpharetta, GA 30005
Toll-Free: 800-655-1855
Phone: 770-346-0520
Fax: 770-346-0506
 www.beechstreet.com
 For Profit Organization: Yes
 Year Founded: 1983
 Number of Affiliated Hospitals: 76
 Number of Primary Physicians: 2,963
 Number of Referral/Specialty Physicians: 4,678
 State Member Enrollment: 831,000

Healthplan and Services Defined
PLAN TYPE: PPO
 Model Type: Network
 Benefits Offered: Behavioral Health, Chiropractic, Disease Management, Home Care, Inpatient SNF, Long-Term Care,

Physical Therapy, Podiatry, Transplant, Wellness, Worker's Compensation

Type of Coverage
 Commercial, Individual, Medicaid

Geographic Areas Served
 Southeastern states

Accreditation Certification
 JCAHO, AAHC (formerly URAC), NCQA

Key Personnel
 Chairman of the Board William A Fickling, Jr
 President/CEO William Hale
 Sr VP Legal, Regulatory Norman Werthwein
 Executive VP Rick Markus
 Sr VP/CFO Jon Bird
 Sr VP Operations Support Greg DeVille

3 Behavioral Health Systems
2 Metroplex Drive
Suite 500
Birmingham, AL 35209
Toll-Free: 800-245-1150
Phone: 205-879-1150
Fax: 205-879-1178
 e-mail: info@bhs-inc.com
 www.bhs-inc.com
 For Profit Organization: Yes
 Year Founded: 1989
 Number of Affiliated Hospitals: 600
 Number of Primary Physicians: 1,000
 Current Member Enrollment: 200,000

Healthplan and Services Defined
PLAN TYPE: PPO
 Model Type: Network
 Plan Specialty: Behavioral Health, EAP, drug testing administration
 Benefits Offered: Behavioral Health, Psychiatric, Worker's Compensation

Type of Coverage
 Commercial

Type of Payment Plans Offered
 DFBS

Geographic Areas Served
 Nationwide

Subscriber Information
 Average Monthly Fee Per Subscriber
 (Employee + Employer Contribution):
 Employee Only (Self): \$2.50

Network Qualifications
 Minimum Years of Practice: 5
 Pre-Admission Certification: Yes

Peer Review Type
 Utilization Review: Yes
 Case Management: Yes

Publishes and Distributes Report Card: Yes

Accreditation Certification
 AAHC (formerly URAC)
 JCAHO Accreditation, Utilization Review, Pre-Admission Certification, Quality Assurance Program

Key Personnel

President/CEO Deborah L Stephens
 VP Finance Mark Gordon
 SR VP Administration Patricia Friedley
 President Safety First Danny Cooner
 Business Development Keith Ray
 Medical Review Officer Michael Cloyd, MD, MPH
 Director Public Relations Susan Levine
 Chief Marketing Officer Carol Singletary
 Clinical QA Cindy Myers
 Medical Director William Patterson, MD
 VP Clinical Services Beth Gregory
 Director MIS Paul Collins
 Dir Provider Relations Miles Walcott

Specialty Managed Care Partners

South Trust Bank, Motion Industries, Modern Tool and Dye
 Enters into Contracts with Regional Business Coalitions: Yes
 Alabama Healthcare, North Alabama Business on Health

4 Blue Cross Preferred Care

450 Riverchase Parkway E
PO Box 995
Birmingham, AL 35298
Toll-Free: 800-292-8868
Phone: 205-988-2200
Fax: 205-220-6814

www.bcbsal.org
 Non-Profit Organization: Yes
 Number of Affiliated Hospitals: 130
 Number of Primary Physicians: 9,000
 Current Member Enrollment: 3,200,000
 State Member Enrollment: 2,842,000

Healthplan and Services Defined

PLAN TYPE: PPO
 Model Type: Network
 Plan Specialty: Behavioral Health, Chiropractic, Dental,
 Disease Management, Lab, Radiology, UR
 Benefits Offered: Behavioral Health, Chiropractic, Dental,
 Disease Management, Home Care, Inpatient SNF,
 Long-Term Care, Physical Therapy, Podiatry, Prescription,
 Psychiatric, Transplant, Vision, Wellness, AD&D, Life,
 LTD, STD, Hospital, Miscellaneous

Type of Coverage

Commercial, Medicare, Supplemental Medicare

Type of Payment Plans Offered

DFFS

Publishes and Distributes Report Card: Yes

Accreditation Certification

AAHC (formerly URAC)

Key Personnel

President/CEO Phillip Pope
 Sr VP James Brown
 Claims Tim Kirkpatrick

5 CCN: Alabama

1507 North Falkenburg Road
Tampa, FL 33619
Toll-Free: 800-633-8033

Phone: 813-663-3700

Fax: 813-620-4973

www.ccnusa.com
 Subsidiary of: First Health Group Corp
 For Profit Organization: Yes
 Year Founded: 1983
 Number of Affiliated Hospitals: 74
 Number of Primary Physicians: 1,923
 Number of Referral/Specialty Physicians: 3,568
 Current Member Enrollment: 164,546

Healthplan and Services Defined

PLAN TYPE: PPO

Model Type: Network
 Benefits Offered: Chiropractic, Dental, Home Care, Inpatient
 SNF, Long-Term Care, Physical Therapy, Psychiatric,
 Transplant, Worker's Compensation

Type of Coverage

Commercial

Geographic Areas Served

Alabama

Accreditation Certification

NCQA

Key Personnel

President Patrick G Dills
 Senior VP/CMO Gerald E Osband
 Senior VP/CFO William C Stapleton
 Senior VP/Marketing Mark A Heinemeyer

6 CIGNA Healthcare of Alabama

10 Inverness Center Parkway
Suite 235

Birmingham, AL 35242

Phone: 205-991-1005

Fax: 205-995-8511

www.cigna.com/health
 For Profit Organization: Yes
 Year Founded: 1993
 Current Member Enrollment: 43,816
 State Member Enrollment: 33,095

Healthplan and Services Defined

PLAN TYPE: PPO

Model Type: Network
 Benefits Offered: Behavioral Health, Dental, Disease
 Management, Prescription, Vision, Wellness

Type of Coverage

Commercial, Indemnity

Type of Payment Plans Offered

POS

Geographic Areas Served

Bibb, Blount, Chilton, Coosa, Cullman, Fayette, Jefferson,
 Lamar, Marion, Saint Clair, Shelby, Talladega, Tuscaloosa,
 Walker, Winston counties

Accreditation Certification

JCAHO, NCQA

Key Personnel

CEO Robert A Yungk
 Medical Director William Alexander
 CFO Lauren O'Brien
 Marketing Director Dennis Fallon

7 **Concentra Managed Care**
110 Oxmoor Court
Birmingham, AL 35209
Phone: 205-945-0773
Fax: 205-945-0426
www.concentra.com
For Profit Organization: Yes
Year Founded: 1988

Healthplan and Services Defined
PLAN TYPE: PPO
Plan Specialty: Worker's Compensation, Occupational Health, Group Health, Auto
Benefits Offered: Worker's Compensation

Type of Coverage
Commercial

Geographic Areas Served
Nationwide

Peer Review Type
Case Management: Yes

Publishes and Distributes Report Card: Yes

Accreditation Certification
AAHC (formerly URAC)

Key Personnel
President/CEO Daniel Thomas
Executive VP/CFO Thomas Kiralytt
Executive VP CorporateDev. James Greenwood
Marketing Director Lois Bolter
Exec VP/General Counsel Richard Parr, II
Sr VP Bus Dev/Marketing Andrew Daniels
Sr VP/Chief Medical Off W Tom Fogarty, MD
Sr VP/CIO Laura Ciavola

8 **Great-West Healthcare Alabama**
245 Perimeter Center Parkway
Tenth Floor
Atlanta, GA 30346
Phone: 770-391-9008
www.greatwesthealthcare.com
For Profit Organization: Yes
Current Member Enrollment: 8,147
State Member Enrollment: 6,662

Healthplan and Services Defined
PLAN TYPE: HMO
Benefits Offered: Disease Management, Prescription, Wellness

Type of Coverage
Commercial

Type of Payment Plans Offered
POS, FFS

Geographic Areas Served
Alabama

Specialty Managed Care Partners
Caremark Rx

9 **Gulf Health Plans PPO**
2559 Emogene Street
Mobile, AL 36606

Phone: 251-470-0207
Fax: 251-450-3307
e-mail: email@gulfhealthplans.com
www.gulfhealthplans.com
Subsidiary of: Infirmiry Health System
For Profit Organization: Yes
Year Founded: 1985
Number of Affiliated Hospitals: 22
Number of Primary Physicians: 1,234
Number of Referral/Specialty Physicians: 586
Current Member Enrollment: 90,000

Healthplan and Services Defined
PLAN TYPE: PPO
Model Type: Network
Plan Specialty: Lab, Vision, Radiology
Benefits Offered: Behavioral Health, Physical Therapy, Podiatry, Psychiatric, Transplant, Vision, Wellness

Type of Coverage
Commercial

Type of Payment Plans Offered
POS, DFFS, Combination FFS & DFFS

Geographic Areas Served
10 counties across Alabama, Florida and Mississippi

Subscriber Information
Average Monthly Fee Per Subscriber
(Employee + Employer Contribution):
Employee Only (Self): \$1.25
Average Subscriber Co-Payment:
Primary Care Physician: \$10
Hospital ER: \$50

Network Qualifications
Pre-Admission Certification: Yes

Publishes and Distributes Report Card: No

Accreditation Certification
JCAHO Accreditation, State Licensure

Key Personnel
President/CEO Kern Wilson
Office/Network Manager Joyce Holland
Member Services Joyce Holland
Provider Services Joyce Holland

Average Claim Compensation
Physician's Fees Charged: 85%
Hospital's Fees Charged: 80%

Specialty Managed Care Partners
Enters into Contracts with Regional Business Coalitions: No

10 **Health Choice of Alabama**
3201 Fourth Avenue S
Birmingham, AL 35222-1798
Phone: 205-715-4800
Fax: 205-715-4802
e-mail: email@bhsala.com
www.healthchoiceofalabama.com
Mailing Address: PO Box 830605, Birmingham, AL 35243
Subsidiary of: Baptist Health System and Saint Vincent Hospital
Non-Profit Organization: Yes
Year Founded: 1984
Number of Affiliated Hospitals: 89
Number of Primary Physicians: 2,204

Number of Referral/Specialty Physicians: 2,053
 Current Member Enrollment: 155,000
 State Member Enrollment: 155,000

Healthplan and Services Defined

PLAN TYPE: PPO

Model Type: Network
 Plan Specialty: Lab, Radiology
 Benefits Offered: Home Care, Physical Therapy, Podiatry,
 Psychiatric, Transplant

Type of Coverage

Commercial
 Catastrophic Illness Benefit: Maximum \$1M

Type of Payment Plans Offered

DFFS, FFS

Geographic Areas Served

Statewide

Subscriber Information

Average Monthly Fee Per Subscriber
 (Employee + Employer Contribution):
 Employee Only (Self): \$1.75
 Employee & 1 Family Member: \$1.75
 Employee & 2 Family Members: \$1.75
 Medicare: \$1.75
 Average Annual Deductible Per Subscriber:
 Employee & 2 Family Members: \$125
 Average Subscriber Co-Payment:
 Primary Care Physician: \$20
 Hospital ER: \$100

Accreditation Certification

JCAHO
 Utilization Review, Pre-Admission Certification, State
 Licensure, Quality Assurance Program

Key Personnel

CEO Scott Sheedy
 205-715-4801
 scott.sheedy@bhsala.com
 COO Jeffery Doner
 205-715-4801
 Marketing Scott Sheedy
 scott.sheedy@bhsala.com
 Medical Affairs Alan Goldstein, MD
 Director of Operations Jeff Dance
 205-715-5730
 jeffrey.dance@bhsala.com
 Director Provider Services Cherie Pardi
 QA/UR Eileen Langan, RN

Specialty Managed Care Partners

H Street, Aetna, Mitchell of Home All

Employer References

Baptist Health System, Birmingham Steel, Buffalo Rock
 Bottling, NUCOR, Elastic Corporation

www.healthspringofalabama.com
 Subsidiary of: The Oath of Alabama
 For Profit Organization: Yes
 Number of Affiliated Hospitals: 50
 Current Member Enrollment: 29,248
 State Member Enrollment: 17,844

Healthplan and Services Defined

PLAN TYPE: HMO

Model Type: Network
 Plan Specialty: Disease Management, Lab, MSO, Vision,
 Radiology, UR, Group Medical
 Benefits Offered: Behavioral Health, Chiropractic, Disease
 Management, Home Care, Inpatient SNF, Long-Term Care,
 Physical Therapy, Podiatry, Prescription, Psychiatric,
 Transplant, Wellness

Type of Coverage

Commercial, Individual, Medicare

Type of Payment Plans Offered

DFFS

Geographic Areas Served

Autauga, Baldwin, Bibb, Blount, Bullock, Butler, Calhoun,
 Cherokee, Chilton, Clarke, Clay, Cleburn, Colbert, Conecuh,
 Coosa, Cullman, Dallas, DeKalb, Elmore, Escambia, Etowah,
 Fayette, Franklin, Green, Hale, Jefferson, Lamar, Lauderdale,
 Lawrence, Lowndes, Macon, Madison, Marion, Marshall,
 Mobile, Monroe, Montgomery, Morgan, Perry, Pickens,
 Randolph, Saint Clair, Shelby, Talladega, Tualoosa, Walker,
 Washington, Wilcox, Winston counties

Accreditation Certification

NCQA
 JCAHO Accreditation

Key Personnel

President Brad Green
 205-968-1000
 CFO Mark Gordon
 205-968-1000
 Director Claims Bobby Sanders
 205-968-1000
 COO James Laughlin
 205-968-1000
 VP Sales/Marketing Cathy Deya
 VP Medical Services Hugh Hood, MD
 Member Services Director James Laughlin
 205-968-1000
 Chief Information Officer Sandra Lutz
 Sales Cathy Munn, Jr.

Specialty Managed Care Partners

MHNet, Express Script

Employer References

Hertz, USX, Public Education Employees Health Plan

11 HealthSpring of Alabama

Two Perimeter Park S
Suite 300 W
Birmingham, AL 35243
Toll-Free: 800-888-7647
Phone: 205-968-1000
Fax: 205-968-2277
 e-mail: kray@healthspringofalabama.com

12 North Alabama Managed Care

699 A Gallatin Street
PO Box 18788
Huntsville, AL 35804
Toll-Free: 800-636-2624
Phone: 256-532-2755
Fax: 256-532-2756
 e-mail: danase@compone.org
 www.NAMCI.com

HMO/PPO DIRECTORY: Alabama

Non-Profit Organization: Yes
Year Founded: 1991
Number of Affiliated Hospitals: 20
Number of Primary Physicians: 434
Number of Referral/Specialty Physicians: 1,710
Current Member Enrollment: 47,633

Healthplan and Services Defined

PLAN TYPE: PPO

Model Type: Network
Benefits Offered: Disease Management, Wellness

Type of Coverage

Commercial, Individual

Type of Payment Plans Offered

Combination FFS & DFFS

Geographic Areas Served

Alabama counties: Madison, Morgan, Marshall, Jackson, Colbert, Limestone, Lauderdale, and Franklin. Also Lincoln county, Tennessee

Network Qualifications

Pre-Admission Certification: Yes

Key Personnel

Executive Director Sherree Clakr
256-532-2765
sherreeh@compone.org
Operations Manager Brenda Willoughby
256-532-2754
brendaw@namci.com
Provider Relations Rep Cathy Ontiveros
256-532-2753
contiveros@namci.com
Provider Relations Rep Lisa Buckley
256-532-2751
lisabu@namci.com
Director Business Devel. Dana Rutland
256-532-2776
danase@compone.com

Specialty Managed Care Partners

Enters into Contracts with Regional Business Coalitions: Yes
ECHO

Employer References

Huntsville Hospital, Pepsi Bottling, Sunshine Mills, Parker
Hannifan, Worthington Steel

HMO/PPO DIRECTORY

ALASKA

Health Insurance Coverage Status and Type of Coverage by Age

Category	All Persons		Under 18 years		Under 65 years		65 years and over	
	Number	%	Number	%	Number	%	Number	%
Total population	648	-	185	-	610	-	38	-
Covered by some type of health insurance	538 (6)	83.0 (1.0)	165 (8)	89.1 (1.6)	501 (7)	82.0 (1.1)	37 (4)	98.1 (1.5)
Covered by private health insurance	411 (8)	63.5 (1.3)	112 (7)	60.3 (2.5)	394 (8)	64.6 (1.3)	17 (3)	45.3 (5.6)
Employment based	377 (9)	58.2 (1.3)	104 (6)	56.2 (2.5)	364 (9)	59.6 (1.4)	13 (2)	35.2 (5.4)
Own employment based	202 (8)	31.2 (1.3)	0 (0)	0.2 (0.2)	192 (8)	31.4 (1.3)	11 (2)	28.1 (5.0)
Direct purchase	36 (4)	5.6 (0.6)	7 (2)	3.7 (1.0)	32 (4)	5.3 (0.6)	4 (1)	10.9 (3.5)
Covered by government health insurance	199 (8)	30.7 (1.3)	80 (6)	43.1 (2.5)	163 (8)	26.7 (1.2)	37 (4)	96.6 (2.0)
Covered by Medicaid	99 (6)	15.3 (1.0)	59 (5)	31.7 (2.4)	92 (6)	15.1 (1.0)	7 (2)	17.8 (4.3)
Also by private insurance	26 (3)	4.0 (0.5)	17 (3)	9.0 (1.5)	24 (3)	3.9 (0.5)	3 (1)	6.7 (2.8)
Covered by Medicare	48 (5)	7.3 (0.7)	1 (1)	0.7 (0.4)	11 (2)	1.8 (0.4)	36 (4)	96.2 (2.2)
Also by private insurance	19 (3)	2.9 (0.5)	0 (0)	0.0 (0.0)	2 (1)	0.3 (0.2)	16 (3)	43.4 (5.6)
Also by Medicaid	14 (3)	2.2 (0.4)	1 (1)	0.3 (0.3)	7 (2)	1.2 (0.3)	7 (2)	17.8 (4.3)
Covered by military health care	75 (6)	11.6 (0.9)	23 (3)	12.6 (1.7)	71 (5)	11.7 (0.9)	4 (1)	11.2 (3.5)
Not covered at any time during the year	110 (7)	17.0 (1.0)	20 (3)	10.9 (1.6)	110 (7)	18.0 (1.1)	1 (1)	1.9 (1.5)

Note: Numbers in thousands; figures cover 2004; standard error appears in parenthesis.

Source: U.S. Census Bureau, Current Population Survey, 2005 Annual Social and Economic Supplement

Alaska

13 Beech Street: Alaska
25500 Commercentre Drive
Lake Forest, CA 92630
Toll-Free: 800-877-1444
Phone: 949-672-1000
Fax: 949-672-1111
 www.beechstreet.com
 For Profit Organization: Yes
 Year Founded: 1951
 Number of Affiliated Hospitals: 6
 Number of Primary Physicians: 12
 Number of Referral/Specialty Physicians: 68
 State Member Enrollment: 6,000

Healthplan and Services Defined
PLAN TYPE: PPO
 Benefits Offered: Behavioral Health, Chiropractic, Home Care, Inpatient SNF, Long-Term Care, Podiatry, Psychiatric, Transplant, Worker's Compensation

Type of Coverage
 Commercial, Individual, Supplemental Medicare

Geographic Areas Served
 AK (Aleutians East, Aleutians West, Anchorage, Central, Lake & Peninsula, Matanuska-Susitn, Northwestern, Prince Wales Ketchikan, Southcentral, Southeastern)

Accreditation Certification
 AAHC (formerly URAC), NCQA

Key Personnel
 President William Hale
 Chairman of the Board William Fickling, Jr
 Sr VP Legal, Regulatory Norman Werthwein
 Executive VP Rick Markus
 Sr VP/CFO Jon Bird
 Sr VP Operations Support Greg DeVille

14 CCN: Alaska
10260 Meanley Drive
San Diego, CA 92131
Toll-Free: 800-247-2898
Phone: 858-278-2273
Fax: 858-278-8621
 www.ccusa.com
 For Profit Organization: Yes
 Year Founded: 1984
 Number of Affiliated Hospitals: 4
 Number of Primary Physicians: 11
 Number of Referral/Specialty Physicians: 19
 Current Member Enrollment: 1,003

Healthplan and Services Defined
PLAN TYPE: PPO
 Model Type: Network
 Benefits Offered: Chiropractic, Dental, Home Care, Inpatient SNF, Long-Term Care, Physical Therapy, Podiatry, Prescription, Psychiatric, Transplant, Worker's Compensation

Type of Coverage
 Commercial

Accreditation Certification
 AAHC (formerly URAC)

Key Personnel
 CEO Dale Wolf
 Senior VP Marty Sholder

15 CIGNA Healthcare Alaska
900 Cottage Grove Road
Hartford, CT 06152
Toll-Free: 800-832-3211
 www.cigna.com
 For Profit Organization: Yes
 Current Member Enrollment: 11,892
 State Member Enrollment: 9,266

Healthplan and Services Defined
PLAN TYPE: PPO
 Benefits Offered: Disease Management, Prescription, Transplant, Wellness

Type of Coverage
 Commercial

Type of Payment Plans Offered
 POS, FFS

Geographic Areas Served
 Alaska

16 Great-West Healthcare Alaska
3005 112th Avenue NE
Suite 200
Bellevue, WA 98004
Phone: 425-803-9030
 www.greatwesthealthcare.com
 For Profit Organization: Yes
 Current Member Enrollment: 11,944
 State Member Enrollment: 11,542

Healthplan and Services Defined
PLAN TYPE: HMO
 Benefits Offered: Disease Management, Prescription, Wellness

Type of Coverage
 Commercial

Type of Payment Plans Offered
 POS, FFS

Geographic Areas Served
 Alaska

Specialty Managed Care Partners
 Caremark Rx

17 Humana Alaska
500 West Main Street
Louisville, KY 40202
Phone: 502-580-1550
Fax: 502-580-8528
 www.humana.com
 For Profit Organization: Yes
 Year Founded: 1961
 Federally Qualified: Yes
 Current Member Enrollment: 8,097