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## **Grey House Publishing Announces the 2021/22 Edition of *The Complete Resource Guide for People with Chronic Illness***

Grey House Publishing is proud to announce the publication of the 2021/22 edition of *The Complete Resource Guide for People with Chronic Illness*, a comprehensive overview of 89 chronic illnesses and information on condition-specific support services and resources. This fifteenth edition has been designed to offer assistance to all those involved in the chronic illness community, with resources for patients, families, healthcare professionals, and other caregivers.

A chronic condition is a physical or mental health condition that lasts more than one year and causes functional restrictions or requires ongoing monitoring or treatment. Nearly 45% of all Americans suffer from a chronic disease and that number is growing. In fact, persistent conditions are the nation's leading cause of death and disability, and this new edition will prove invaluable in dealing with the multiple issues involved with living with a chronic illness, according to the *International Journal of Environmental Research and Public Health*.

*The Complete Resource Guide for People with Chronic Illness* starts with an article from the CDC, "Perceived Importance of Physical Activity and Walkable Neighborhoods Among US Adults." This 2017 report includes self-reported data by age, sex, race, and region.

Following this article is a reprint of *Next Steps After Your Diagnosis* from the Agency for Healthcare Research and Quality, which offers general advice for people with almost any disease or condition. It is 23 pages and covers five broad categories: Take the time you need; Get the support you need; Talk with your doctor; Seek out information; and Decide on a treatment plan.

Next is a **Chronic Illness-Body Systems Chart** — a two-part table includes first a list of chronic illnesses and their relevant body systems, and then a list of body systems and the chronic illnesses that affect it.

The 89 chronic condition chapters are arranged alphabetically by name of the disorder. Each chapter begins with a brief description of the illness, written in layman's terms, with probable causes, symptoms and treatment options. These descriptions include the most current medical thinking and treatments.

Following each description are disease-specific resources. Most chapters contain the following: National Associations; State Agencies; Libraries & Resource Centers; Magazines, Newsletters, Pamphlets; Research Centers; Books for Adults; Books for Children; Support Groups & Hotlines; Audio & Video Resources; Web Sites. This reference work profiles 10,684 listings. This edition includes 6,855 fax numbers, 5,507 e-mails, 9,522 web sites, and 11,045 key executives. Brief descriptions and other details are included depending on the type of listing; Associations may include year founded and yearly dues, while Magazines may include frequency and number of pages.

In addition to the comprehensive chapters, *The Complete Resource Guide for People with Chronic Illness* includes several supplemental chapters in the back of the book designed to provide value to individuals with chronic illness and their families: General Resources – information relevant to the general chronic illness community; Wish Foundations – organizations devoted to granting wishes of chronically and terminally ill individuals; and Death & Bereavement – support services for those who find themselves or a loved one close to death or grieving a loss. Rounding out this directory are two indexes that allow users additional access to the information: Entry Name Index and Geographic Index.

*The Complete Resource Guide for People with Chronic Illness* is a time-saving and handy tool for those suffering from a chronic illness, as well as families, medical professionals, teachers, social workers, mental health professionals, and hospice providers. This guide, saving hours of internet search time, is a valuable asset to the collections of larger public and academic libraries. With this new edition, everyone involved in caring for those with chronic illness can have, at their fingertips, access to the thousands of important resources available to help individuals achieve a better quality of life.

### **Free Online Access**

Buyers of the print edition of *The Complete Resource Guide for People with Chronic Illness* will receive TWO YEARS of FREE ONLINE ACCESS! Online, users can access this wealth of information in just minutes, using the keyword search, quick search, and expert search to quickly and easily find the information they're looking for. Call (800) 562-2139 to set up a tour of the online database.

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