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Grey House Publishing Announces the First Edition of *Diabetes Handbook & Resource Guide*

Grey House Publishing is pleased to announce *Diabetes Handbook & Resource Guide*—the fifth volume in a health series that supports our long-standing consumer health titles on such topics as mental health, older Americans, chronic illness, pediatric disorders, and people with disabilities. This title follows *Dementia Handbook & Resource Guide* and *Cardiovascular Disease Handbook & Resource Guide*, *Autoimmune Diseases Handbook & Resource Guide* and *Nutrition, Obesity and Eating Disorders Handbook & Resource Guide*.

This volume is designed to bring together necessary and valuable information for the millions of individuals, family members, and caregivers affected by diabetes. For those providing care and support to individuals with diabetes, this resource provides easy-to-understand and helpful information about diabetes and connects readers to many sources of support. This comprehensive work comes at a time when 34.2 million Americans, or 10.5% of the population, have diabetes. *Diabetes Handbook & Resource Guide* combines valuable educational information for patients and their families. It offers statistics, both national and state, as well as discussions about prevention, treatment, and outcomes.

The *Diabetes Handbook & Resource Guide* combines valuable, easy-to-understand educational information for consumers, and patients and their families, with official guidelines about diabetes management, healthy lifestyles and how to prevent and treat related conditions. This new volume is arranged in the following sections:

Section One: Studies & Statistics About Diabetes

This robust, colorful section of 268 pages includes detailed reports, fact sheets, maps and even recipes from a number of sources, including the Centers for Disease Control and the National Institutes of Health. It begins with an annotated table of contents, followed by two detailed reports on the current state of diabetes in America. Articles are then grouped into topics including diabetes management, living with diabetes and diabetes and pregnancy. Following this general information are helpful facts and treatment plans about the specific conditions related to

diabetes that are covered in Section Three, including aging, bone health, cardiovascular disease, depression, eye health, foot health, hearing impairment, high blood pressure, kidney disease, liver disease, obesity and stroke..

Section Two: Diabetes Mellitus

This section includes an extended overview of diabetes mellitus, as well as shorter discussions of the major types of diabetes, including prediabetes, type 1, type 2, gestational diabetes, pregnancy in the individual with diabetes, neonatal diabetes, and the rarer diabetes insipidus. Following that introductory text are a variety of resources for patients, families, and caregivers, including major diabetes-related associations, agencies, foundations, research centers, and other resources.

Section Three: Risk Factors and Conditions

This section includes **16 conditions** that are considered to be either risk factors for developing diabetes, or complications that can arise from having any form of the disease. Overviews detail the conditions themselves, how they relate to diabetes, and common and cutting-edge treatment options. Patient, family and caregiver resources follow, including Agencies & Associations, Foundations, Libraries & Resource Centers, Research Centers, Support Groups & Hotlines, Print Resources, Digital Resources and Web Sites..

Free Online Access

In addition to the print directory, *Diabetes Handbook & Resource Guide* includes free online access on the Salem Online Platform. This gives your patrons immediate access to the most valuable in-depth information on the many causes of these conditions, early warning signs, diagnosis, treatment options, advice for caretakers, preventative therapy, and support. Call 800-562-2139 for a free trial or visit <https://online.salempress.com/> for more information.

The *Diabetes Handbook & Resource Guide* is a necessary reference for public and academic libraries, as well as health care and senior center collections, providing information crucial to sufferers of diabetes, their broader support network, caseworkers, social workers, and other health care providers.

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