

Introduction

This eleventh edition of *The Complete Mental Health Resource Guide* (formerly *The Complete Mental Health Directory*) provides comprehensive coverage of 22 major mental health disorder categories, from ADHD to Trauma and Stressor-Related Disorders, with over 100 subcategories and specific disorders.

The major categories have been reorganized and, in some cases, renamed, to better reflect current, professional thought and changes regarding mental health. These changes include:

- Bipolar and Related Disorders, Depressive Disorders, Obsessive Compulsive Disorders, and Trauma and Stressor-Related Disorders now have their own sections;
- Neurocognitive Disorders, Neurodevelopmental Disorders, Feeding and Eating Disorders, and Sleep-Wake Disorders have been renamed to reflect current scholarship;
- Paraphilias are now part of Sexual Disorders;
- Impulse Disorders and Conduct Disorders have been combined under the new name—Disruptive, Impulse-Control and Conduct Disorders.

A repeat winner of the *National Health Information Awards* by the Health Information Resource Center for “the Nation’s best consumer health programs and materials,” this edition provides information on a subject that continues to grab headlines and fracture families and communities.

Praise for previous edition:

“... useful to libraries providing consumer health information and [to] medical libraries...valuable to professionals and patients...”

Cheryl A. Capitani, Chief Librarian, Harrisburg Hospital

“...the introductory essay’s...thoughtful...comments...open many topics to discussion and searches for further information. Recommended. All levels.”

Choice Magazine

“...array of materials...helpful addition to public, academic, medical libraries.”

4-Star, Doody’s Review Service

Coverage of more than 100 disorder categories include clear, concise descriptions, all updated with the most current diagnoses and treatment methods. Users will find a variety of disorder-specific resources, including Associations, Books, Periodicals, Research Centers, and Support Groups. In addition, *The Complete Mental Health Resource Guide* includes Professional Services, Publishers, Facilities, Clinical Management and Pharmaceutical Companies.

In addition to more than 4,500 listings, *The Complete Mental Health Resource Guide* includes several valuable elements:

- The State of Mental Health in America 2018 is a colorful report that combines narrative and charts for a complete look at this topic;

- NAMI - National Alliance on Mental Illness—reports on: Student Guide to Mental Health; Taking Charge of Your Mental Health; How to Help a Friend; and The Doctor is Out;
- Mental Disorders by Diagnostic Category educates patient and professional about categorical diagnoses, symptoms and treatments.

Section One: Disorders

This section consists of 22 chapters dealing with broad categories of mental health issues from Adjustment Disorders to Trauma and Stressor-Related Disorders. Each chapter begins with a description, written in clear, accessible language and includes symptoms, prevalence and treatment options.

These descriptions include information on specific syndromes within a general category, such as Agoraphobia, Social Anxiety, Selective Mutism and Separation Anxiety within the Anxiety Disorders chapter, and Delirium, Dementia and Amnesic Disorders within the Neurocognitive Disorders chapter.

Following the descriptions are specific resources relevant to the disorder, including Associations, Books, Government Agencies, Periodicals, Pamphlets, Support Groups, Hot Lines, Resource Centers, Audio & Video Tapes, and Web Sites.

Sections Two & Three: Associations, Organizations, Government Agencies

More than 1,000 National Associations, and Federal and State Agencies are profiled in these sections that offer general mental health services and support for patients and their families.

Section Four: Professional Support & Services

This section provides resources that support the many different professionals in the mental health field. Included are specific chapters on Accreditation and Quality Assurance, Associations, Books, Conferences and Meetings, Periodicals, Training and Recruitment, Audio & Video Tapes, Web Sites, and Workbooks and Manuals.

Section Five: Publishers

This section lists major publishers of books and magazines that focus on health care or mental health issues. This material is suitable for both professionals in the mental health industry as well as patients and their network community.

Section Six: Facilities

This section lists major facilities and hospitals, arranged by state, which provide treatment for persons with mental health disorders.

Section Seven: Clinical Management

Here you will find products and services that support the Clinical Management aspect of the mental health industry, including Directories and Databases, Management Companies, and Information Services, which provide patient and medical data, as well as marketing information.

Section Eight: Pharmaceutical Companies

This section offers current information on the pharmaceutical companies that manufacture drugs to treat mental health disorders. This data is presented alphabetically by company name, including address, phone, fax, and web site.

PLUS an Appendix of Mental Health Drugs

This information is presented alphabetically by brand name of drug, with its generic name, the disorder/s it is typically prescribed for, and its manufacturers.

Three Indexes

- Disorder Index lists entries by disorders and disorder categories.
- Entry Index is an alphabetical list of all entries.
- Geographic Index lists entries by state.

For even easier access, *The Complete Mental Health Resource Guide* is available on our online database platform, <http://gold.greyhouse.com>. Subscribers have access to all of this health information, and can search by geographic area, disorder, contacts, keyword and so much more. With this online database, locating mental health resources has never been faster or easier.



THE STATE OF
**MENTAL
HEALTH**
IN AMERICA
2018

MHA
Mental Health America

Key Facts and Findings

MENTAL HEALTH AND SUBSTANCE USE CONDITIONS ARE COMMON



NEARLY HALF HAVE A CO-OCCURRING SUBSTANCE ABUSE DISORDER



MOST AMERICANS LACK ACCESS TO CARE

56% OF AMERICAN ADULTS WITH A MENTAL ILLNESS **DID NOT** RECEIVE TREATMENT

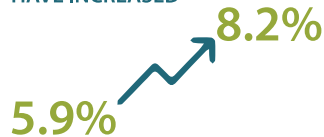


7.7% OF YOUTH HAD **NO ACCESS** TO MENTAL HEALTH SERVICES THROUGH THEIR PRIVATE INSURANCE

YOUTH MENTAL HEALTH IS WORSENING AND ACCESS TO CARE IS LIMITED



IN A FIVE YEAR PERIOD, **RATES OF SEVERE YOUTH DEPRESSION** HAVE INCREASED



OVER 1.7 MILLION YOUTH WITH MAJOR DEPRESSIVE EPISODES **DID NOT** RECEIVE TREATMENT

THAT'S ENOUGH TO FILL **EVERY** MAJOR LEAGUE BASEBALL STADIUM ON THE EAST COAST **TWICE**



THERE IS A SHORTAGE OF PROVIDERS

IN ALABAMA, THERE'S ONLY **ONE MENTAL HEALTH PROFESSIONAL** PER 1,260 PEOPLE



TO MEET THE NEED FOR MENTAL HEALTH CARE, PROVIDERS IN THE LOWEST RANKED STATES WOULD HAVE TO TREAT **SIX TIMES AS MANY PEOPLE** THAN PROVIDERS IN THE HIGHEST RANKED STATES

HEALTHCARE REFORM IS HELPING

RATES OF **UNINSURED** ADULTS WITH A MENTAL ILLNESS **DECREASED** BY

5%

STATES THAT **INCREASED** MEDICAID EXPANSION...



...SAW **GREATER IMPROVEMENT** IN YOUTH COVERAGE



...HAD **FEWER UNINSURED ADULTS** WITH MENTAL ILLNESS

ADHD

Introduction

Attention Deficit Hyperactivity Disorder (ADHD) is characterized by three main symptoms: distractibility, impulsivity, and hyperactivity. ADHD primarily affects children. Since many children are inattentive, impulsive, and rambunctious at times, it is important to note that the diagnosis is not made unless these behaviors are more severe than is typical for a person at a comparable developmental level. At least some of the symptoms must appear before the age of seven.

The problems caused by hyperactivity show themselves in constant movement, especially among younger children. Preschool children with hyperactivity cannot sit still, even for quiet activities that usually absorb children of the same age. They are always on the move and run rather than walk. In older children the intensity of the hyperactivity is reduced but fidgeting, getting up during meals or homework, and excessive talking continue.

People with Attention Deficit Hyperactivity Disorder have great difficulty controlling all their impulses, not just the craving for movement and stimulation. They have little sense of time (five minutes seems like hours), and waiting for something is intolerable. Thus, they are impatient, interrupt, make comments out of turn, grab objects from others, clown around, and cause trouble at home, in school, at work, and in social settings.

The consequences of ADHD can be severe. From a young age, people with Attention Deficit Hyperactivity Disorder tend to experience failure repeatedly, including rejection by peers, resulting in low self-esteem and sometimes more serious problems.

SYMPTOMS

1. Inattention, as compared with others at the same developmental level

- Often fails to attend to details, or makes careless mistakes in schoolwork, work or other activities;
- Often finds it difficult to maintain attention in tasks or play activities;
- Often does not seem to listen when spoken to;
- Often does not follow through on instructions and does not finish schoolwork, chores, or tasks;
- Often has difficulty organizing tasks or activities;
- Often avoids tasks that demand sustained mental effort, such as schoolwork or homework;
- Often loses things needed for tasks or activities, such as toys and school assignments;
- Often is easily distracted;
- Often is forgetful in daily activities.

2. Hyperactivity, as compared with others at the same developmental level

- Often fidgets with hands or feet, or squirms in chair;
- Often leaves seat in classroom or other situations where remaining seated is expected;
- Often runs or climbs about in situations in which it is inappropriate (among adolescents or adults, this may be a feeling of restlessness);
- Often has difficulty playing or handling leisure activities quietly;
- Often is on the go, moving excessively.

3. Impulsivity, as compared with others at the same developmental level

- Often talks excessively;
- Often blurts out answers impulsively before questions are finished;
- Often has difficulty waiting in turn;
- Often intrudes impulsively on others' games, activities or conversations.

Parts of this description may apply to all or most children at times, but behaving in this way nearly all the time wreaks havoc on the child and family. Three distinctions are made in the diagnosis:

Attention Deficit Hyperactivity Disorder, Combined Type if symptoms of inattention, hyperactivity and impulsivity (Lists 1, 2, and 3) are exhibited;

Attention Deficit Hyperactivity Disorder, Predominantly Inattentive Type if six or more inattention symptoms (List 1 only) are displayed;

Attention Deficit Hyperactivity Disorder, Predominantly Hyperactive-Impulse Type if six or more hyperactivity and impulsivity symptoms (Lists 2 and 3 only) are applicable.

ASSOCIATED FEATURES

Certain behaviors often go along with Attention Deficit Hyperactivity Disorder. The person is often frustrated and angry, exhibiting outbursts of temper and bossiness. To others, the lack of application and inability to finish tasks may look like laziness or irresponsibility. Other conditions may also be associated with the disorder, including Hyperthyroidism (an overactive thyroid). There may be a higher prevalence of anxiety, depression, and learning disorders among people with ADHD.

A careful assessment and diagnosis by a professional familiar with ADHD are essential, especially since some of the typical ADHD behaviors may resemble those of other disorders. Family, school, and other possible problems must be taken into account and addressed. This is a lifelong disorder, though sometimes attenuated in adulthood.

The diagnosis is especially difficult to establish in young children, e.g., at the toddler and preschool level, because behavior that is typical at that age is similar to the symptoms of ADHD. Children at that age may be extremely active but not develop the disorder.

PREVALENCE

ADHD occurs in various cultures. It is much more frequent in males than females, with male to female ratios at 4:1 in the general population, and 9:1 in clinic populations. The prevalence among school-age children is from five percent to twelve percent.

ADHD can exist throughout a lifetime and, in fact, may be diagnosed in teen or adult years. There is emerging literature concerning adult ADHD, and evidence that some adults can benefit from the same treatments used for children.

TREATMENT OPTIONS

ADHD is treated using a three-tiered approach consisting of education programs (including resources and tutorial

help), psychological programs (individual, group and family counseling) to help with self-esteem and stress, and medical therapy.

The person with ADHD has great need for external motivation, consistency, and structure. This should be provided by a professional who is familiar with the disorder. For a school-aged child, it is important to enlist the help of the school in designing a treatment plan which should include concrete steps aimed at developing specific competencies (e.g., handling time, sequencing, problem-solving, and social interaction).

Medication is often prescribed but should not be the only treatment. Newer preparations of medications, such as Concerta and Biphentin, offer once or twice a day dosing, so that children do not need to take medication during the school day.

Since this condition affects all members of the family, the family needs help in providing consistency and structure, and in not defining the role of the person with ADHD as the one who always gets into trouble. Treatment should be based on an understanding that ADHD is not intentional, and that punishment is not a cure.

Current treatments can have a positive impact and, in some cases, transform behaviors so that a formerly chaotic life becomes more in control.

Associations & Agencies

2 Attention Deficit Disorder Association

PO Box 7557
Wilmington, DE 19803-9997
800-939-1019; Fax: 800-939-1019
www.add.org

Duane Gordon, President
Michelle Frank, PsyD, Vice President
Jeffrey Druce, Treasurer
Melinda Whetstone, PhD, Workplace Issues Chair

Provides information, support groups, publications, workshops, and networking opportunities for people with Attention Deficit Hyperactivity Disorder. Strives to improve the lives of those with ADHD.

3 Center for Mental Health Services (CMHS) Substance Abuse and Mental Health Services Administration

5600 Fishers Lane
Rockville, MD 20857
240-276-1310
877-726-4727
TTY: 800-487-4889
www.samhsa.gov/about-us/who-we-are/offices-centers

Paolo del Vecchio, MSW, Director
Anne Mathews-Younes, Acting Deputy Director
Keris Myrick, Director, Consumer Affairs
Patricia Gratton, Director, Program Analysis

Promotes the treatment of mental illness and emotional disorders by increasing accessibility to mental health programs; supporting outreach, treatment, rehabilitation, and support programs and networks; and encouraging the use of scientifically-based information when treating mental disorders. CMHS provides information about mental health via a toll-free number and numerous publications. Devel-

oped for users of mental health services and their families, the general public, policy makers, providers, and the media.

Year Founded: 1992

4 Children and Adults with AD/HD (CHADD)

4601 Presidents Drive
Suite 300
Lanham, MD 20706
301-306-7070
800-233-4050; Fax: 301-306-7090
www.chadd.org

Michael McKay, President
Belynda L. Gauthier, President Elect
Eugene M. Bell, Secretary
Harvey Parker, Founder

National nonprofit organization serving individuals with Attention Deficit Hyperactivity Disorder (ADHD) and their families. Offers support and information for individuals, parents, teachers, professionals, and others, and advocates for the rights of people with ADHD. Available on Facebook and Twitter.

Year Founded: 1987

5 Learning Disabilities Association of America

4156 Library Road
Pittsburgh, PA 15234-1349
412-341-1515; Fax: 412-344-0224
info@ldaamerica.org
www.laamerica.org

Beth McGaw, President
Mary-Clare Reynolds, Executive Director
Jonathan Jones, First Vice President
Jennifer Harkins, Secretary

Educates individuals with learning disabilities and their families through conferences, workshops, and symposiums; advocates for the rights of individuals with learning disabilities; provides support for parents; and promotes research in the assessment and prevention of learning disabilities.

Year Founded: 1964

6 National Alliance on Mental Illness

3803 North Fairfax Drive
Suite 100
Arlington, VA 22203
703-524-7600
800-950-6264
info@nami.org
www.nami.org

Steve Pitman, JD, President
Lacey Berumen, PhD, MNM, First Vice President
Mary Giliberti, Chief Executive Officer
David Levy, Chief Financial Officer

NAMI is an organization dedicated to raising awareness on mental health and providing support and education for Americans affected by mental illness. NAMI advocates for access to services and treatment and fosters an environment of awareness and understanding for those concerned with mental health.

Year Founded: 1979

7 National Association for the Dually Diagnosed (NADD)

132 Fair Street
Kingston, NY 12401
845-331-4336
info@thenadd.org
www.thenadd.org

Jeanne M. Farr, MA, Chief Executive Officer
Daniel Baker, PhD., President
Peggie Webb, MA, Vice President
George Zukotynski, PhD., Secretary

NADD is a nonprofit organization designed to increase awareness of, and provide services for, individuals with developmental disabilities and mental illness. NADD emphasizes the importance of quality mental healthcare for people with mental health needs and offers conferences, information resources, educational programs, and training materials to professionals, parents, and organizations.

Year Founded: 1983

8 National Center for Learning Disabilities

32 Laight Street
2nd Floor
New York, NY 10013
212-545-7510
888-575-7373; Fax: 212-545-9665
nclcd@nclcd.org
www.nclcd.org

Frederic M. Poses, Chairman of the Board
Mimi Corcoran, President and CEO
Mary Kalikow, Vice Chairman
John R. Langelier, Treasurer

The National Center for Learning Disabilities (NCLD) aims to help individuals with learning disabilities succeed in school, work, and social settings. NCLD provides parents and educators with resources and promotes policies focused on enhancing the educational rights of those with learning disabilities.

Year Founded: 1977

9 National Federation of Families for Children's Mental Health

12320 Parklawn Drive
Rockville, MD 20852
240-403-1901
ffcmh@ffcmh.org
www.ffcmh.org

Lynda Gargan, PhD, Executive Director
Barbara Huff, Technical Assistance Provider
Sherril Luthé, President
Terry Stevens, Vice President

The National Federation of Families for Children's Mental Health is a national organization focused on advocating for the rights of children affected by mental health challenges, assisting family-run organizations across the nation, and ensuring that children and families concerned with mental health have access to services.

Year Founded: 1989

10 National Mental Health Consumers' Self-Help Clearinghouse

1211 Chestnut Street
Suite 1100
Philadelphia, PA 19107

267-507-3810
800-553-4539; Fax: 215-636-6312
info@mhsselfhelp.org
www.mhsselfhelp.org

Joseph Rogers, Founder and Executive Director
Susan Rogers, Director

The Clearinghouse is a peer-run national technical assistance center focused on achieving respect and equality of opportunity for those with mental illnesses. The Clearinghouse helps with the growth of the mental health consumer movement by evaluating mental health services, advocating for mental health reform, and providing consumers with news, information, publications, and consultation services.

Year Founded: 1986

11 National Resource Center on ADHD Children and Adults with AD/HD

4601 PresidentsDrive
Suite 300
Lanham, MD 20706
800-233-4050
www.chadd.org/about-chadd/national-resource-center

Dr L. Eugene Arnold, MD, MEd, Resident Expert
Sarah Brown, NRC Program Manager
Ara Rich, Health Information Specialist

The National Resource Center, a program of CHADD, is a resource platform focused on disseminating the latest science-based information on ADHD. The NRC provides comprehensive information and program activities for children and adults with ADHD, parents, caregivers, professionals, and other members of the public.

12 PACER Center

8161 Normandale Boulevard
Bloomington, MN 55437
952-838-9000
800-537-2237; Fax: 952-838-0199
www.pacer.org

Paula F. Goldberg, Co-Founder & Executive Director
Matthew Woods, President
Tammy Pust, Vice President
Dan Levinson, Treasurer

PACER provides information, training, and assistance to parents of children and young adults with all disabilities (physical, learning, cognitive, emotional, and health). Its mission is to help improve the quality of life for young people with disabilities and their families.

Year Founded: 1977

13 The Center for Family Support

2811 Zulette Avenue
Bronx, NY 10461
718-518-1500; Fax: 718-518-8200
www.www.cfsny.org/

Steven Vernikoff, Executive Director
Lloyd Stabiner, President
Amy Bittinger, Vice President
Barbara Greenwald, Associate Executive Director

The Center for Family Support offers assistance to individuals with developmental and related disabilities, as well as their families, and provides support services and programs that are designed to accommodate individual needs. Offers services throughout New York City, Westchester County, Long Island, and New Jersey.

Year Founded: 1954

Books

- 14 A Birds-Eye View of Life with ADD and ADHD: Advice from Young Survivors Cherish the Children**
PO Box 189
Cedar Bluff, AL 35959-189
Fax: 256-779-5203
chirs@chrisdendy.com
www.www.chrisdendy.com/bev.htm
Chris A Zeigler Dendy, Author
Alex Zeigler, Author
Written expressly for teenagers, preteens, and young adults, by teenagers and a young adult who are struggling with ADD or ADHD. This survival guide offers factual information and practical advice in words and examples that young people can easily understand and put into practice. Written with humor and compassion, A Bird's Eye View offers down-to-earth tips for coping with a variety of issues: disorganization, forgetfulness, always being late, sleep problems, memorization, procrastination, restlessness, medication, writing essays, and algebra. This book is meant to be helpful yet still interesting to read.
- 15 ADD & Learning Disabilities: Reality, Myths, & Controversial Treatments**
Bantam Doubleday Dell Publishing
1745 Broadway
New York, NY 10019-4343
212-782-9000
Barbara Ingersoll, Author
Sam Goldstein, PhD., Author
For parents of children with learning disabilities and attention deficit disorder - and for educational and medical professionals who encounter these children - two experts in the field have devised a handbook to help identify the very best treatments. \$10.36
256 pages ISBN 0-385469-31-4
- 16 ADD & Romance: Finding Fulfillment in Love, Sex, & Relationships**
ADD Warehouse
300 NW 70th Avenue
Suite 102
Plantation, FL 33317-2360
954-792-8100
800-233-9273; Fax: 954-792-8545
sales@addwarehouse.com
www.addwarehouse.com
Jonathan Halverstadt, Author
Daniel Amen, Author
Licensed therapist Jonathan Scott Halverstadt looks at how attention deficit disorder can damage romantic relationships when partners do not take time, or do not know how, to address this unique problem. The book aims to give people with A.D.D. and their partners the tools they need to build and sustain a more satisfying and fulfilling relationship. \$12.95
230 pages Year Founded: 1998 ISBN 0-878332-09-X
- 17 ADD Kaleidoscope: The Many Faces of Adult Attention Deficit Disorder**
Hope Press 91009-188
Fax: 818-358-3520
dcomings@earthlink.net
www.hopepress.com
Joan Andrews, Author
Denise E. Davis, Author
A comprehensive presentation of all aspects of attention deficit disorder in adults. While often thought of as a childhood disorder, ADD symptoms usually continue into adulthood where they can cause a wide range of problems with personal interactions, work performance, attitude towards one's employer, and interactions with spouses and children. \$24.95
293 pages ISBN 1-878267-03-5
- 18 ADD Success Stories: Guide to Fulfillment for Families with Attention Deficit Disorder**
ADD Warehouse
300 NorthWest 70th Avenue
Suite 102
Plantation, FL 33317-2360
954-792-8944
800-233-9273; Fax: 954-792-8545
websales@addwarehouse.com
www.addwarehouse.com
Thom Hartmann, Author
John J. Ratey, Author
Real-life stories of people with ADD who achieved success in school, at work, in marriages and relationships. Thousands of interviews and histories as well as new research show children and adults from all walks of life how to reach the next-step, a fulfilling, successful life with ADD. Discover which occupations are best for people with ADD. \$12.00
288 pages Year Founded: 1995 ISBN 1-887424-03-2
- 19 ADD in the Workplace: Choices, Changes and Challenges**
ADD Warehouse
300 NW 70th Avenue
Suite 102
Plantation, FL 33317-2360
954-792-8944
800-233-9273; Fax: 954-792-8545
sales@addwarehouse.com
www.addwarehouse.com
Kathleen Nadeau, Author
This book contains information that seeks to help adults move from resignation to determination in forging a path to success. Whether this means finding an ADD-friendly environment, requesting reasonable workplace accommodations, or creating a freelance niche, this book will point out the right directions. \$24.00
256 pages Year Founded: 1997 ISBN 0-876308-47-7
- 20 ADD/ADHD Checklist: an Easy Reference for Parents & Teachers**
ADD Warehouse
300 NorthWest 70th Avenue
Suite 102
Plantation, FL 33317-2360
954-792-8944
800-233-9273; Fax: 954-792-8545

websales@addwarehouse.com
www.addwarehouse.com

Harvey C Parker, Owner

Written by a nationally known educator with two decades of experience in working with ADD/ADHD students. For fast, reliable information about attention deficit disorder, parents and teachers need only to refer to The ADD/ADHD Checklist. \$12.00

272 pages Year Founded: 2002

**21 ADHD Monitoring System
ADD Warehouse**

300 NorthWest 70th Avenue
Suite 102
Plantation, FL 33317-2360
954-792-8944
800-233-9273; Fax: 954-792-8545
websales@addwarehouse.com
www.addwarehouse.com

Harvey C Parker, Owner

Provides a simple, cost effective way to carefully monitor how well a student with ADHD is doing at school. Parents and teachers will be able to easily track behavior, academic performance, quality of student classwork and homework. Contains monitoring forms along with instructions for use. \$8.95

**22 ADHD Parenting Handbook: Practical Advice for Parents
Taylor Trade Publishing**

5360 Manhattan Circle
Suite 100
Boulder, CO 80303-4249
303-543-7835; Fax: 303-543-0043
rrinehart@rowman.com
www.rowman.com/taylortrade

Colleen Alexander Roberts, Author

Practical advice for parents from parents, and proven techniques for raising hyperactive children without losing your temper.

224 pages Year Founded: 1994 ISBN 0-878338-62-4

**23 ADHD Survival Guide for Parents and Teachers
Hope Press**

PO Box 188
Duarte, CA 91009-188
818-303-0644
800-321-4039; Fax: 626-358-3520
dcomings@earthlink.net
www.hopepress.com

Richard A. Lougy, MFT, Author
David K. Rosenthal, MD, Author

Fills an important need expressed by parents, teachers, and other caretakers of ADHD children who have asked for clear, practical, and easily understood strategies to deal with ADHD children.

Year Founded: 2002 ISBN 1-878267-43-4

24 ADHD and Teens: Parent's Guide to Making it Through the Tough Years

ADD Warehouse
300 NorthWest 70th Avenue
Suite 102
Plantation, FL 33317-2360
954-792-8944
800-233-9273; Fax: 954-792-8545
websales@addwarehouse.com
www.addwarehouse.com

Colleen Alexander Roberts, Author

A manual of practical advice to help parents cope with the problems that can arise during these years. A crash course is offered on parenting styles that really work with teens with ADHD and how these styles allow the teen to safely move from dependence to independence. \$13.00

199 pages Year Founded: 1995 ISBN 0-878338-99-3

**25 ADHD and the Nature of Self-Control
Guilford Press**

72 Spring Street
New York, NY 10012
212-431-9800
800-365-7006; Fax: 212-966-6708
info@guilford.com
www.guilford.com

Russell A. Barkley, PhD, Author

Provides a radical shift of perspective on ADHD, arguing that the disorder is a developmental problem of self control and that an attention deficit is a secondary characteristic. Combines neuropsychological research and the theory on the executive functions, illustrating how normally functioning individuals are able to bring behavior under the control of time and orient their actions toward the future. \$46.00

410 pages Year Founded: 1973 ISBN 1-572302-50-X

**26 ADHD in the Young Child: Driven to Redirection: A Guide for Parents and Teachers of Young Children with ADHD
ADD Warehouse**

300 NW 70th Avenue
Suite 102
Plantation, FL 33317-2360
954-792-8944
800-233-9273; Fax: 954-792-8545
sales@addwarehouse.com
www.addwarehouse.com

Cathy Reimers PhD, Author
Bruce A. Brunger, Author

The authors sensitively and effectively describe what life is like living with a young child with ADHD. With the help of over 75 cartoon illustrations they provide practical solutions to common problems found at home, in school and elsewhere. \$18.95

202 pages Year Founded: 1999 ISBN 1-886941-32-7

**27 ADHD: A Complete and Authoritative Guide
American Academy Of Pediatrics**

141 Northwest Point Boulevard
Elk Grove Village, IL 60007-1098
847-434-4000
800-433-9016; Fax: 847-434-8000
www.aap.org

Publishers

Books

3345 ABC-CLIO

88 Post Road West
Westport, CT 06880-4208
203-226-3571; Fax: 203-222-1502
webmaster@greenwood.com
www.www.abc-clio.com/

Wayne Smith, President

Publisher of reference titles, academic and general interest books, texts, books for librarians and other professionals, and electronic resources.

3346 Active Parenting Publishers

1220 Kennestone Circle
Suite 130
Marietta, GA 30066-6022
770-429-0565
800-825-0060; Fax: 770-429-0334
cservice@activeparenting.com
www.ActiveParenting.com

Michael H Popkin, PhD, Founder and President
Gabrielle Tingley, Art Director, Marketing Departmen
Melody Popkin, Manager of Christian Resources
Cathie Jordet, Accounting Manager, Finance Depar

Delivers quality education programs for parents, children and teachers to schools, hospitals, social service organizations, churches and corporate market. Innovator in the educational market.

Year Founded: 1980

3347 American Psychiatric Publishing (APPI)

1000 Wilson Boulevard
Suite 1825
Arlington, VA 22209-3924
703-907-7322
800-368-5777; Fax: 703-907-1091
appi@psych.org
www.appi.org

Saul Levin, M.D., M.P.A., CEO and Medical Director
Robert E Hales, M.D., M.B.A., Editor-in-Chief, Books
RebeccaD Rinehart, Publisher
John McDuffie, Editorial Director

Publisher of books, journals, and multi-media on psychiatry, mental healths and behavioral science. Offers authoratative, up-to-date and affordable information geared toward psychiatrists, other mental health professionals, psychiatric residents, medical students and the general public.

3348 Analytic Press

10 Industrial Avenue
Mahwah, NJ 07430-2253
201-258-2200; Fax: 201-760-3735

Publishes works of substance and originality that constitute genuine contributions to their respective disciplines and professions.

3349 Brookes Publishing

PO Box 10624
Baltimore, MD 21285-0624
410-337-9580
800-638-3775; Fax: 410-337-8539

custserv@brookespublishing.com
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Drugs A-Z, by Brand Name

Abilify

Generic: aripiprazole

Manufacturer: Bristol-Myers Squibb

Used in the treatment of psychotic disorders and bipolar disorder

Adderall/Adderall XR

Generic: amphetamine/dextroamphetamine

Manufacturer: Shire US, Inc.

Used to manage anxiety disorders and some cases of attention deficit hyperactivity disorder

Ambien

Generic: zolpidem

Manufacturer: Sanofi-Aventis

Used to treat insomnia

Anafranil

Generic: clomipramine hydrochloride

Manufacturer: Mallinckrodt, Inc.

Used to treat obsessive-compulsive disorder (OCD)

Antabuse

Generic: disulfiram

Manufacturer: Odyssey Pharmaceuticals, Inc.

Used in the treatment of alcohol and substance abuse

Aricept

Generic: donepezil

Manufacturer: Pfizer, Inc.

Used in the treatment of Alzheimer's disease

Ativan

Generic: lorazepam

Manufacturer: Wyeth-Ayerst Laboratories

Used in the treatment of anxiety and as a preanesthetic medication in adults

BuSpar

Generic: buspirone

Manufacturer: Bristol-Myers Squibb

Used to treat anxiety

Butrans

Generic: buprenorphine

Manufacturer: Purdue

Used to treat pain as well as addiction to narcotic pain relievers

Campral

Generic: acamprosate calcium

Manufacturer: Forest Laboratories, Inc.

Used to reduce the desire to drink alcohol
Celexa

Generic: citalopram

Manufacturer: Forest Laboratories, Inc.

Used in the treatment of depression

Clozaril

Generic: clozapine

Manufacturer: Novartis

Used in the treatment of severe schizophrenia

Cylert

Generic: pemoline

Manufacturer: Abbott Laboratories

Used to treat attention-deficit hyperactivity disorder (ADHD) and narcolepsy

Cymbalta

Generic: duloxetine

Manufacturer: Eli Lilly and Company

Used in the treatment of depression

Daytrana

Generic: methylphenidate transdermal

Manufacturer: Noven Pharmaceuticals

Used in the treatment of ADHD in children 6-17 years old

Depakote

Generic: valproic acid

Manufacturer: Abbott Laboratories

Used in the treatment of manic episodes associated with bipolar disorder and mania

Desoxyn

Generic: methamphetamine hydrochloride

Manufacturer: Abbott Laboratories

Used in the treatment of attention deficit hyperactivity disorder