

Table of Contents

Publisher's Note	ix
Introduction.....	xi
Historical Timeline	xix
1. The Colonial Mind	
<i>Mental Health and Wellness in Early America (1620–1790)</i>	1
2. The Puzzle of Addiction	
<i>Substance Abuse and Mental Health (1784–Present)</i>	19
3. The Great Reformer	
<i>Dorothea Dix and the Mental Health Reform Movement (1840–1900)</i>	41
4. Hysterical Science	
<i>The Patriarchic Pseudoscience of Hysteria (1880–1930)</i>	57
5. American Idiots	
<i>Intellectual Disability, Immigration, and American Culture (1882–1917)</i>	75
6. Between the Bars	
<i>Nellie Bly and the Asylum Investigation (1887–1909)</i>	97
7. Selective Breeding	
<i>Eugenics and the Effort to Eliminate Mental Illness (1896–1970)</i>	119
8. The Analysis Revolution	
<i>Psychiatry and Psychoanalysis (1900–Present)</i>	141
9. Cleaning up the Mind	
<i>The Mental Hygiene Movement (1908–Present)</i>	157

10. The Fractured Mind

The Mysteries of Schizophrenia and MPD (1946–Present) 177

11. Shock and Awe

The Curious History of Electro-Shock Therapy (1934–Present)..... 195

12. Tinkering with the Brain

The Invention and Spread of the Lobotomy (1935–1950)..... 209

13. Medicating the Problem

The Invention of Anti-Psychotic Medications (1949–Present)..... 225

14. The Biology of Depression

The Anti-Depressant Revolution (1952–Present) 241

15. Psychedelic Solutions

Psychedelic Drugs and Mental Health Treatment (1954–Present) 253

16. Modifying Behavior

Behavioral Therapy and the Influence of Science (1959–Present)..... 271

17. Criminal Competency

Competency and Criminal Responsibility (1960–Present) 289

18. Deinstitutionalization

Shifting Treatment to Outpatient Care (1965–Present) 303

19. Involuntary Commitment

Institutionalization and Civil Liberties (1975–Present)..... 327

20. The Insanity Defense

Mental Illness and Criminal Culpability (1978–Present)..... 343

21. Think of the Children

Childhood Mental Illness History (1975–Present)..... 363

22. Homelessness and Mental Health*America's Long Term Struggle with Homelessness (1980–Present)*..... 379**23. Traumatic Stress***From Shell Shock to Traumatic Stress Disorders (1980–Present)*..... 405**24. Suicide and the Right to Die***Suicide and Public Health (1985–Present)* 421**25. Mental Health and Justice***Mental Health and the Criminal Justice System (1994–Present)*..... 443**26. Investigating the Spectrum***Autism in American Culture (2013–Present)*..... 461**27. The Sex and Gender Debate***Mental Health, Sexuality, and Gender (2013–Present)*..... 483**28. A Uniquely American Problem***Gun Violence and Mental Health (2016–Present)*..... 509**29. Conclusion***The More Things Change*..... 529**Appendixes**

Notes..... 537

Primary & Secondary Sources..... 549

Glossary..... 553

Historical Snapshots..... 569

Bibliography..... 597

About the Author..... 619

Index..... 621